

The choices you make each day affect your health now and in the future. That's why Blue Cross and Blue Shield of Illinois (BCBSIL) has been committed to the well-being of the communities we serve for more than 80 years. We provide a range of online tools and resources to help you plan and manage your health care.

# With a BCBSIL PPO-based plan, you can:

## Choose from a large provider network.

The BCBSIL networks include a range of independently contracted hospitals, doctors and other health care providers. And with the BlueCard® program, you have access to an established PPO network throughout the country.

#### Use our wellness resources.

We provide helpful articles, emails and text alerts about general and specific health issues to support you.

#### Get deals and discounts.

Save money on fitness gear, family activities, healthy eating choices and more from local and national retailers.

## Find information about doctors.

Our online directory is the quick and easy way to find doctors, hospitals or other health care providers in your network. Follow these steps:

- · Go to **bcbsil.com**
- Click Find a Doctor or Hospital
- Answer a few questions and follow the prompts

## Check out our free app.

Access all of our mobile websites and services in one spot. Text\* **BCBSILAPP** to **33633** to learn more.

\* Message and data rates may apply. Terms, conditions and privacy policy can be found at **bcbsil.com/mobile/text-messaging**.

### **Find More Online**

After you receive your member ID card, go to **bcbsil.com** to sign up for Blue Access for Members<sup>SM</sup>. You can use this secure website from your desktop or mobile device to:

- Check the status of a claim and your claims history
- · See who is covered under your plan
- View and print an Explanation of Benefits statement
- Review articles on health and wellness topics
- Print a temporary ID card

- Find a doctor, hospital or other health care provider in the network
- Estimate the cost of a provider's procedures, treatments and tests
- Get answers to frequently asked questions

Use your benefits wisely. If you have questions, BCBSIL Customer Service Advocates can help. Call the number on the back of your member ID card, Monday through Friday, 8 a.m. to 6 p.m. CT.

