





# CITY OF DES PLAINES

# 2024 BENEFITS GUIDE



### FULL-TIME EMPLOYEES

Community & Economic Development
Public Works & Engineering
City Manager's Office
Finance

Police

Fire

# NEW! SUPPLEMENTAL LIFE INSURANCE ONE-TIME OPEN ENROLLMENT OPPORTUNITY AND PLAN ENHANCEMNTS



### ONE-TIME GUARANTEED ISSUE OPPORTUNITY!

### Supplemental Employee Life:

- Active employees may elect for the first time or increase coverage by up to \$300,000 without the need to complete a
  health questionnaire and undergo underwriting approval, provided the resulting amount of total insurance does not
  exceed the guaranteed issue limit of \$300,000.
- This one-time offer includes employees who were previously denied coverage.

### EMPLOYEE GUARANTEED ELECTION EXAMPLES

Current Supplemental Life	Maximum Guaranteed Election	Total Supplemental Life			
\$0	\$300,000 \$300,000				
\$150,000	\$150,000	\$300,000			
\$220,000	\$80,000	\$300,000			
\$300,000+	Elections require health questions & underwriting approval.				



### Dependent Life Package: Cost is only \$0.26 per month!

- Active employees may elect this coverage <u>without</u> the need to complete a health questionnaire and undergo underwriting approval.
- This plan provides coverage in the amount of \$10,000 for a spouse and \$5,000 per eligible child.
- This will be the <u>last</u> open enrollment in which the dependent life package will be offered. Dependent life package enrollment will be limited to new hires and eligible qualifying life events moving forward.

These opportunities will not be offered in future open enrolments!

### Plan Enhancements for Supplemental Life

### New Coverage Maximums

- Employee supplemental life increased from \$500,000 to \$750,000 coverage maximum.
- Spouse supplemental life increased from a \$300,000 to a \$500,000 coverage maximum.

### Age-Based Coverage Reductions Eliminated

 Coverage reductions for employees age 65 and older will be removed from supplemental employee and spouse life.

# Supplemental Employee Life \$10,000 Increase Opportunity During Future Open Enrollments

During future open enrollments, employees enrolled in supplemental employee life coverage may elect to increase their
coverage by \$10,000 without the requirement to complete a health questionnaire and undergo underwriting approval,
provided that the resulting amount of total insurance does not exceed the \$300,000 guaranteed issue limit.



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This document is an outline of benefits and coverage. It does not include all of the terms, coverage, exclusions, limitations, and conditions of the actual contract language. The policies and contracts themselves must be read for those details. Policy forms for your reference will be made available upon request. The intent of this document is to provide you with general information regarding

# 2024 Open Enrollment Instructions

# **2024 BENEFIT OPEN ENROLLMENT VIA ESUITE | INSTRUCTIONS**OPEN ENROLLMENT: MONDAY, OCTOBER 23 - FRIDAY, NOVEMBER 3, 2023

Benefits enrollment will be completed online through eSuite.

- Employees making changes to their benefit elections –OR- enrolling in flexible spending accounts and/or transit benefits <u>MUST</u> complete their 2024 enrollment online through <u>eSuite</u>.
- If you do not complete your enrollment through the portal, your 2023 benefit elections will be carried over into 2024, with the exception of medical/dependent care flexible spending accounts (FSA) and transit benefits.
- If you wish to enroll in medical/dependent care FSAs and/or transit benefits for 2024, you <u>MUST</u> complete your 2024 benefit elections through <u>eSuite</u>.
- Even if you are not planning on changing your benefits, you are encouraged to enroll in benefits using <u>eSuite</u> to ensure accurate enrollment in all benefits.
- Drop-in office hours will be made available for anyone who would like assistance with their benefit enrollment. Contact HR at <a href="https://hread.org/nc.edu/hread.org/">https://hread.org/hread.org/</a> or call 847.391.5486 to schedule an appointment.

### STEP 1 | LOG INTO YOUR ESUITE ACCOUNT





If you've never logged in or forgot your username or password, please use the handy links located at the bottom of the <u>eSuite</u> Employee Login page.

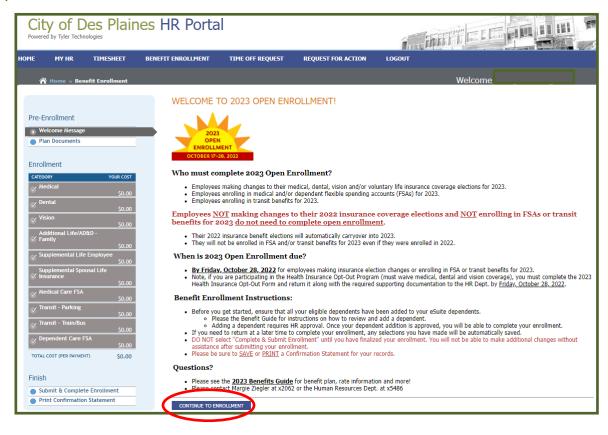
### STEP 2 | SELECT BENEFIT ENROLLMENT AND THEN OPEN ENROLLMENT





# 2024 Open Enrollment Instructions

### STEP 3 | BEGIN YOUR BENEFIT ENROLLMENT

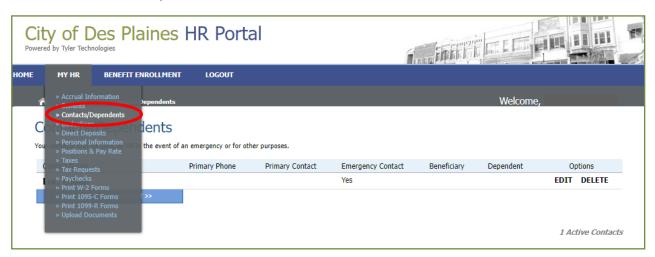


- Please read the Welcome Message and then click the "Continue Enrollment" button to begin your enrollment.
- The system will walk you through each benefit category.
  - Please read the benefit screen instructions and select a benefit option and coverage tier if applicable (Single,
     Family or Single +1) -OR- select "I would like to decline coverage" if waiving coverage for the benefit category.
    - NOTE: If you are switching to the HMO plan, you will need to provide HR with your three-digit Medical Group number(s) for yourself and any eligible dependents you are covering.
    - NOTE: The system will list your current coverage election for all benefit categories with the exception of
      flexible spending accounts and transit benefits. If enrolling in these benefits, you will need to enter an
      annual contribution amount.
  - Click the "Save and Continue" button to move on to dependent selection. Select the dependents to be covered under this benefit and then click the "Save and Continue" button to move on to the next benefit category.
- If you need to go back and make a changes to your benefit elections, simply click on the benefit category on the left-side benefit menu and you will be returned to that category's election options.
- When you have completed your enrollment, select "Submit & Complete Enrollment" on the left-side menu. Carefully review your elections before hitting the "Submit" button.
  - PLEASE NOTE: You can no longer make changes to your benefit elections after selecting the "Submit" button. If you need to make changes after selecting "Submit", please contact the HR Dept.
- After submitting your enrollment elections, please be sure to select "Print Confirmation Statement" to print or save a confirmation of your benefit elections for your records.

# 2024 Open Enrollment Instructions

### ADDING A DEPENDENT OR UPDATING DEPENDENT INFORMATION IN ESUITE HR PORTAL

Please select "Contacts/Dependents" under the MY HR menu.



 Next, select "Edit" to edit an existing dependent's information or click the "Add a New Contact" button to add a new dependent.



- Please be sure to fill-in the dependent's first name, last name, relationship, date of birth, social security number and gender as well as check the same address as employee and dependent boxes.
  - Once your update request is approved by Human Resources, that dependent will be available to you for Open Enrollment in <u>eSuite</u>.
- NOTE: You can also designate the dependent as you Primary Contact or Emergency Contact by selecting the
  applicable boxes and filling in their contact information.
- NOTE: You cannot designate a beneficiary here. Please see page 7 for information regarding updating beneficiaries.
- Eligible dependents include spouses and children/step children under the age of 26 as well as adult children with physical or mental incapacity that occurred prior to the age of 26.
- Proof of dependency documentation is required for new dependent enrollments.

### PROOF OF DEPENDENCY REQUIRED FOR NEW DEPENDENT ENROLLMENTS

If you are enrolling a dependent for the first time in City coverage, you must provide dependent eligibility documentation, generally a marriage or birth certificate (or crib card for a newborn).

• Please see page 28 for a full list of acceptable documents.



# QUALIFYING LIFE EVENTS FOR MID-YEAR BENEFIT CHANGES - - 30 DAY WINDOW TO MAKE BENEFIT CHANGES - -

Changes to your benefits can be made outside of open enrollment for qualified and documented life events.

- Your benefits change must be consistent with your life event/status change.
- REMEMBER: Your coverage change request and supporting documentation must be submitted to Human Resources within 30 days of the qualifying event. (e.g. marriage, date of birth). Contact the HR Dept. learn more about the process.
- Please see page 28 for additional information.



### KEEP YOUR BENEFICIARIES UP-TO-DATE | LIFE INSURANCE, RETIREMENT SAVINGS PLANS, PENSIONS

You can update your beneficiaries at any time.

- For City-paid and supplemental life insurance, please complete the <u>Securian</u>
   <u>Financial Beneficiary Designation Form</u> and return the form to Human Resources
   for processing.
- For Mission Square (formerly ICMA-RC) or Nationwide retirement savings plans, please visit your online member portal.
  - Mission Square
  - Nationwide
- For IMRF pension and death benefits, please visit your online member portal.
- For Fire and Police pensions, please see your pension representative to update your eligible beneficiaries upon marriage, divorce or child birth/adoption.





You can start, stop or make changes to your retirement savings plan contributions at any time.

- Visit Mission Square to enroll or make changes to your 457 Plan and/or Roth IRA.
- Visit Nationwide to enroll or make changes to your 457 Plan.
- For IMRF Voluntary Additional Contributions, complete the <u>VAC form</u> and forward your completed form to Human Resources for processing.



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# Medical Insurance

### BCBS OF ILLINOIS | CONTACT INFO AND USEFUL LINKS

PPO | 877.245.5681 | HMO | 800.892.2803

BCBSIL Website | Blue Access for Members | Mobile App | Provider Finder



# 2024 Medical Plan Options and Employee Contributions

Major Medical Coverage	Blue Cross Blue Shield of Illinois	Blue Cross Blue Shield of Illinois	Blue Cross Blue Shield of Illinois	
major medical coverage	PPO Option 2 – P14926	PPO Option 3 – P14930	HMO Option 1 – H15040	
Lifetime Maximum	Unlimited	Unlimited	N/A	
Coinsurance				
Network	80%, after deductible	90%, after deductible	100%	
Non-Network	60%, after deductible	N/A	N/A	
Deductible				
Network	\$500 individual / \$1,500 family	\$300 individual / \$900 family	NIA	
Non-Network	\$1,500 individual / \$4,500 family	N/A	N/A	
Out-of-Pocket (includes deductible)				
Network	\$2,000 individual / \$6,000 family	\$2,300 individual / \$6,900 family	\$1,500 individual / \$3,000 family	
Non-Network	\$6,000 individual / \$18,000 family	N/A	N/A	
Office Visit (primary or specialist)				
Network	Deductible applies, then 80%	Deductible applies, then 90%	\$10 primary / \$10 specialist	
Non-Network	Deductible applies, then 60%	N/A	No coverage	
Inpatient and Outpatient Services				
Network	Deductible applies, then 80%	Deductible applies, then 90%	100%	
Non-Network	Deductible applies, then 60%	N/A	No coverage	
Hospital Emergency Care				
Network		40004	050 11 40001	
Non-Network	\$150 copay, waived if admitted	100%	\$50 copay, then 100%	
Preventive Services				
Network	100%	100%	100%	
Non-Network	Deductible applies, then 60%	N/A	No coverage	
Vision Coverage				
Annual Vision Exam	N/A	N/A	100% with EyeMed Provider	
Annual Vision Materials	N/A	N/A	35% off retail frame price, lenses \$50 - \$135 w/ EyeMed Provider (see HMO Vision Care Program highlight sheet for details)	
Prescription Drug	Administered by Express Scripts	Administered by Express Scripts	Administered by Express Scripts	
Retail (30-day supply)	\$15 generic / \$25 brand name formulary / \$45 brand name non-formulary	\$15 generic / \$25 brand name formulary / \$45 brand name non-formulary	\$10 generic / \$15 brand name formulary / \$30 brand name non-formulary	
Mail Order (90-day supply) via ESI mail order, CVS/Walgreens retail	\$20 generic / \$35 brand name formulary / \$50 brand name non-formulary	\$20 generic / \$35 brand name formulary / \$50 brand name non-formulary	\$10 generic / \$15 brand name formulary / \$30 brand name non-formulary	
Prescription Drug Out-of-Pocket Maximum (Network)	\$5,150 individual / \$8,300 family	\$4,850 individual / \$7,400 family	\$5,650 individual / \$11,300 family	
Employee Contributions (Semi-Mor	nthly)			
Single	\$42.69	\$41.54	\$35.27	
Single + 1	\$83.04	\$80.71	\$71.92	
Family	\$119.75	\$118.99	\$104.09	

This benefit schedule is for illustrative purposes only.

This exhibit in no way replaces the plan document of coverage, which outlines all the plan provisions and legally governs the plan.

## Medical Insurance

# HMO VS. PPO PLANS | THE BASICS HMO Plans

- Typically, HMOs have lower monthly premiums.
- You can also expect to pay less out of pocket.
- HMO care networks are generally smaller.
- Your healthcare services are <u>coordinated</u> by your designated Primary Care Physician (PCP) or Medical Group (MG).
- You must obtain referrals from your PCP/MG to access care from innetwork specialists outside your MG.
- There are no deductibles. You make a co-payment for each treatment or doctor's visit.

### **PPO Plans**

- PPOs tend to have higher monthly premiums in exchange for more flexibility and larger care networks.
- PPO plans do not require a designated Primary Care Physician or Medical Group for referrals to specialist care.
- You pay an annual deductible and benefits apply <u>after</u> the deductible amount has been met.
- Some PPOs, like the City's PPO2 Plan, offer non-network coverage though this coverage can be <u>significantly</u> more expensive than network coverage.

**DECIDING WHERE TO GO FOR CARE** I If you aren't experiencing a medical emergency, deciding where to go for medical care may save you time and money. Use the <u>SmartER Care chart</u> to help you figure out where to go.

OPEN ENROLLMENT & ID CARDS | BCBS will mail new ID cards if you enroll in a new plan this year.



- HMO I Each dependent will receive a card listing their name, medical group and phone number. If you are switching to the HMO plan, you will need to provide HR with three-digit medical group number(s) for you and your enrolled dependents (if applicable).
- PPO I Employees with families will receive ID cards that show the employee's name only.
- If you do not change plans, you will not receive new cards.

**BLUE ACCESS FOR MEMBERS (BAM)** I Blue Access for Members is a secure online portal where you can manage your health coverage. Access claim information, explanation of benefit statements, information about BCBS programs and services, print temporary ID cards and learn more about how your health insurance benefits work.

• To sign up, visit <u>bcbsil.com</u> or download the <u>mobile app</u> from your app store.

**PROVIDER FINDER** I Search online for BCBSIL doctors, hospitals, medical groups and other health care providers using <u>Provider Finder</u>.

- If you are searching for an HMO provider/medical group number, please select "HMO Illinois" as the plan/network.
- If you are searching for a PPO provider, please select "Participating Provider Organization [PPO]".



**BLUE 365 MEMBER DISCOUNT PROGRAM** I Gain access to health and wellness-related deals on fitness products, gym memberships, healthy eating and more. Visit <u>Blue 365</u> for more information.

**WELL ON TARGET** I <u>Well on Target</u> is a program designed to give you the support you need to make healthy choices. With Well on Target you have access to a convenient, secure website with personalized tools and resources.



Take advantage of resources offered by

BCBSIL.



# Medical Insurance



### FITNESS PROGRAM | One Membership, Countless Options!

The <u>Fitness Program</u> provides unlimited access to thousands of participating gyms, on-demand workouts and live virtual classes. The cost varies per month depending on the gym package you choose, plus applicable taxes. This means you can use gyms and access virtual workouts wherever you are, at home, near work, or while traveling.

**WONDR WEIGHT LOSS PROGRAM** I <u>Wondr</u> is a clinically-proven program to help participants lose weight, sleep better, stress less, and so much more. Participants will learn simple skills based on behavioral science, helping them enjoy their favorite foods and feel better. Employees, spouses, and adult dependents enrolled in the City's BCBSIL medical plans are eligible to apply. Please see the Wondr <u>video</u> and <u>website</u> for more information.













### ----- HMO PLAN ONLY BENEFITS -----

### HMO VISION CARE PROGRAM (HMO PLAN ONLY) | Benefits for covered members include:

- Coverage for one eye examination every 12 months with an EyeMed provider.
- Coverage for one standard contact lens evaluation and fitting every 12 months, when performed
  on the same day as your eye examination with an EyeMed provider. (Note, fees apply for premium contact lens exams.)
- Discount program providing 35% off retail frame price and \$50-\$135 off lenes with an EyeMed provider.

You don't need a referral. Simply visit any EyeMed provider and show your BCBSIL HMO ID card to access your vison care benefits and discounts. For more details about what this plan covers, please visit <a href="www.eyemedvisioncare.com/bcbsil">www.eyemedvisioncare.com/bcbsil</a> or call EyeMed at 844.684.2254.

NOTE: These HMO vision benefits and discounts and VSP vision benefits (if enrolled) cannot be combined to be used on the <u>same</u> exam or the same frame/lens purchase. Only one of these vision plans may be used on each individual exam or frame/lens purchase.

**OUT-OF-AREA BENEFITS (HMO PLAN ONLY)** I You can access health care benefits when you travel or temporarily live out of state.

- GUEST MEMBERSHIP I If you are out of the BCBSIL HMO service area for at least 90 consecutive days, you can apply to become a guest member of a participating BCBSIL HMO plan. You must remain a permanent resident within your HMO service area to be eligible for a guest membership. Be sure to call the customer service number on the back for your HMO member ID card for details.
- <u>BLUECARD</u> I If you are traveling outside of Illinois for short periods of time (less than 90 consecutive days) and you need urgent or emergency care, you can use the BlueCard program. In an emergency, go directly to the nearest hospital or call 911. You will pay the applicable copay and will not be required to submit claims, in most instances.

### ----- PPO PLAN ONLY BENEFITS -

**HEALTH ADVOCATE (PPO PLANS ONLY)** I PPO Plan members have access to a health advocate at no added cost. <u>Health advocates</u> work with you, and with your care providers on your behalf, to remove barriers and hassles that interfere with care. Get personal assistance with your health care matters.

- Understand your health benefits
- Talk to your BCBSIL clinician about health questions
- Sort out a new diagnosis and what to do next
- Shop for quality, lower-cost health care
- Earn cash rewards for making smart health care choices

Health advocates are available 24 hours a day, 7 days a week. Just dial the number on the back of your Blue Cross and Blue Shield of Illinois (BCBSIL) member ID card. Please view the Health Advocate video for more information.

### MEMBER REWARDS (PPO PLANS ONLY) | Same Procedure, Different Cost and Potential Cash in Your Pocket!

Member Rewards offers cash rewards when a lower-cost, quality provider is selected from several options.

### How Does It Work?

- When a doctor recommends treatment, call a Benefits Value Advisor at the number on the back of your member ID card, or log into Blue Access for Members and click the Doctors and Hospitals tab then on Find a Doctor or Hospital.
- Choose a Member Rewards eligible location, and you may earn a cash reward.
- Complete your procedure and, once verified, you will receive a check within 4 to 6 weeks.

Questions? Call the number on the back of your member ID card.



**VIRTUAL VISITS (PPO PLANS ONLY)** I <u>Virtual visits, by MDLIVE</u>, provides a live consultation with an independently contracted board-certified MDLIVE doctor or therapist. Provider are available 24 hours a day, seven days a week by mobile app, online video or phone.

Instead of going to the office, you can arrange a virtual visit while at home, work or many other places. A virtual visit may cost less than going to an urgent care clinic or emergency room. Connection options include:

- Online via <u>Blue Access for Members</u> or the <u>MID Live website</u>
- Download the MDLIVE mobile app from your app store
- Call MDLIVE at 888.676.4204
- Applicable deductible and co-insurance apply.



**24/7 NURSE LINE (PPO PLANS ONLY)** I The 24/7 <u>Nurse Line</u> can help you determine if you should call your doctor, go to the ER, or treat the problem yourself. Access a registered nurse at 800.299.0274.

HINGE VIRTUAL PHYSICAL THERAPY (PPO PLANS ONLY) | See flyer, video and website for details.

LIVONGO DIABETES MANAGEMENT (PPO PLANS ONLY) | See fiver and website for details.

OMADA CHRONIC MANAGEMENT (PPO PLANS ONLY) | See flyer and website for details.

LEARN TO LIVE DIGITAL MENTAL HEALTH PROGRAM (PPO PLANS ONLY) | See flyer and video for details.

# Express Scripts Prescriptions

### EXPRESS SCRIPTS | CONTACT INFO AND USEFUL LINKS

800.294.7041 | Website | Mobile App



**EXPRESS SCRIPTS** manages the City's prescription drug benefit. Retail and mailorder prescription services for the City's medical programs are administered through Express Scripts.

- You are automatically enrolled in Express Scripts prescription drug coverage when you enroll in your Blue Cross Blue Shield health insurance plan.
- If you are enrolling for the first time or re-enrolling, you can download <a href="Express">Express</a> <a href="Scripts prescription drug card">Scripts prescription drug card</a> to use at the pharmacy when you fill prescriptions. If you prefer a physical ID card, please contact Express Scripts directly.



### **MEMBER ACCOUNT**

Register for an Express Scripts account online at expressscripts.com to order refills, check order status, compare medication costs, find potential lower-cost options, receive time-sensitive alerts and reminders, print forms, and much more.

### **SMART90 PROGRAM**

If you take maintenance medications (long-term medications), be sure to obtain a 90-day/3-month supply from Walgreens, CVS, or through Express Scripts home delivery to avoid paying the full cost of the prescription.

- Your newly prescribed maintenance medication will be given two 30-day courtesy fills.
  - NOTE: You will pay 100% of the prescription cost for each subsequent fill if not prescribed as a 90-day supply and filled via Mail Order, Walgreens, or CVS.
- Call Express Scripts or visit your <u>Express Scripts member account</u> for more information.

# Utilize the Smart90 Program to avoid paying the full cost for maintenance medications.

### **DISPENSE AS WRITTEN RX PROVISION**

- If you are taking a brand name prescription, when a generic alternative is available, your physician must write "Dispense as Written" on your prescription. Otherwise, the generic will be provided.
- If the prescription does not include "Dispense as Written" and you request the brand name prescription, you will pay the applicable brand copay plus the cost difference between the generic and brand name prescription.
- If there is no generic alternative, the brand name prescription will be filled at the applicable copay.
- Be sure to work with your doctor if you must take a brand name prescription.

### FORMULARY AND FORMULARY EXCLUSIONS

• National Preferred Formulary and exclusions are subject to change. Call Express Scripts or visit your <u>Express Scripts</u> member account for the latest information.

### DELTA DENTAL OF ILLINOIS I CONTACT INFO AND USEFUL LINKS

800.323.1743 | Delta Dental Website | Member Connection | Mobile App | Provider Finder | Plan Overview



# 2024 Dental Plan Summary and Employee Contributions

Benefits		<b>3</b>	
benefits	PPO Network	PPO Network Premier Network	
Annual Deductible			
Individual	\$0	\$0	\$0
Family	\$0	\$0	\$0
Annual Benefit Maximum	\$1,500	\$1,500	\$1,500
Type A - Preventive Services Cleanings, fluoride treatment, exams, x-rays, sealants	Reimbursed at 100%*	Reimbursed at 100%**	Reimbursed at 100% of MPAs***
Type B - Diagnostic/Basic Services Amalgam fillings, oral surgery, non-surgical periodontics, endodontics	Reimbursed at 100%*	Reimbursed at 100%**	Reimbursed at 80% of MPAs***
Type C - Major Services Ceramic restorations (repairs of inlays, onlays, crowns) partial/full dentures, repair of fixed partial dentures, fixed/removable bridges, denture reline/repair	Reimbursed at 50%*	Reimbursed at 50%**	Reimbursed at 50% of MPAs***
Type D Orthodontia (to age 19)	Reimbursed at 75%*	Reimbursed at 75%**	Reimbursed at 75%*** of MPAs
Orthodontia Lifetime Maximum	\$4,800	\$4,800	\$1,000

<sup>\*</sup>You will not be balance billed for charges exceeding Delta Dental's allowed PPO fees.

<sup>\*\*\*</sup>You are responsible for charges exceeding Delta Dental's MPAs.

Employee Contributions (Semi-Monthly)				
Single \$2.05				
Single + 1	\$4.12			
Family	\$8.00			

### Maximum Plan Allowances or MPAs:

The highest dollar amount Delta Dental pays for a covered service, Participating providers agree not to charge enrollees the difference (if any) between the MPA and the provider's fee for covered services.

### **MEMBER CONNECTION**

Get real-time benefit and claim information 24 hours a day, seven days a week through the Member Connection at <u>deltadentalil.com</u> or through their automated phone system at 800.323.1743. With Member Connection, you can find everything you need to know about you and your covered dependents' benefits, including:

- Claim Status
- Eligibility information
- Benefit levels
- Frequency and age limits
- Waiting periods
- Preventative history
- Explanation of benefits (EOBs)
- Maximum and deductibles used to date

<sup>\*\*</sup>You will not be balance billed for charges exceeding Delta Dental's maximum plan allowances (MPAs).

# **Dental Insurance**

### CHOOSE YOUR PROVIDER | PPO NETWORK, PREMIER NETWORK, AND NON-NETWORK OPTIONS

You have the flexibility to choose any provider with your Delta Dental Plan, but your out-of-pocket costs will vary based on your provider's <u>network</u>.

### PPO Network | Lowest out-of-pocket expenses

- PPO network providers have agreed to accept Delta's established PPO fees as payment in full for services.
- On average, these fees are 30 percent less than what the provider would typically submit for a claim.
- PPO providers have also agreed not to "balance bill" patients which means they can't bill you for the difference between what they usually charge and Delta's established PPO fee.



Premier Network I Higher out-of-pocket costs than PPO, but may be lower than Non-Network

- Premier is a safety net for Delta's PPO network.
- You will pay more out-of-pocket with a Premier provider compared to a PPO provider. However, you may save more money with a Premier provider compared to a Non-Network provider.
- Premier providers agree to Delta's maximum plan allowances as payment in full, which may be lower than what a provider would typically charge.

### Non-Network | Highest out-of-pocket costs

 Non-Network providers have not agreed to not balance bill or to accept Delta's PPO reduced fees or Premier maximum plan allowance as payment in full.

Example Savings for a Common Procedure*									
	Estimated Charge	Maximum Allowed Fees	Percentage Paid by Delta Dental	Amount Delta Dental Pays	Amount Dentist can Balance Bill	Total Amount You Pay	Your Total Cost Savings		
Delta Dental PPO Network	\$1,200	\$750	50%	\$375	\$O	\$375	\$450		
Delta Dental Premier Network	\$1,200	\$975	50%	<sup>\$</sup> 487.50	\$O	<sup>\$</sup> 487.50	\$22 <b>5</b>		
Non-Network	\$1,200	\$975 <b>*</b>	50%	\$487.50	<sup>\$</sup> 225	\$712.50**	\$O		

### Delta Dental PPO network Delta Dental Premier\* network Out-of-network Delta Dental Premier network dentists have ag Delta Dental PPO network dentists have agreed to accept \$750 Out-of-network dentists have not agreed to accept a lower fee as payment in full for the \$1,200 service, a savings of \$450. to accept \$975 as payment in full - a savings of \$225 as payment in full and can bill the full \$1,200. In this example compared to using a non-network dentist. In this example, the compared to using a non-network dentist. In this example, non-network dentists are paid off the Delta Dental Premier Delta Dental plan covers 50 percent of the cost. Assuming you've your Delta Dental plan covers 50 percent of the cost. maximum plan allowance, so the maximum allowed fee is limited already met your deductible for the year, Delta Dental WIII pay Assuming you've already met your deductible for the year, to \$975\*. The dentist can bill you the difference between the \$375 and you'll pay \$375. Delta Dental will pay \$487.50 and you'll pay \$487.50. maximum allowed fee and what they typically charge.\*\* The Delta That's an extra \$112.50 tacked on to your share of the bill Dental plan would cover 50 percent of the \$975, paying \$487.50. when compared to what you would have paid with a PPO You would be left with the other half of \$487.50 plus the \$225 dentist. difference between the dentist's usual fee and Delta Dental's maximum allowed fees. You would pay a total of \$712.50.

### ENHANCED BENEFIT PROGRAM | ORAL HEALTH MEETS OVERALL HEALTH

Delta Dental's Enhanced Benefit Program enhances coverage for individuals who have specific health conditions that can be positively affected by additional oral health care. These enhancements are based on scientific evidence that shows treating and preventing oral disease in these situations can improve overall health. If you are eligible, you can sign up through the Delta's Member Connection.

- Delta's Enhanced Benefits Program includes additional cleanings and/or applications of topical fluoride.
- The program addresses the unique health challenges faced by people with conditions that put them at risk for oral health disease, and can also play an important role in the management of an individual's medical condition.
- The costs of the additional cleanings and fluoride treatments, if applicable, will be applied to your annual maximum.
- You must complete a brief health-history statement to be eligible for these important benefits.

Once you are enrolled, you are immediately eligible for the enhanced benefits.

Those eligible for Delta's Enhanced Benefits Program include:

- People with periodontal (gum) disease
- People with diabetes
- Pregnant women
- People with high-risk cardiac conditions
- People with kidney failure or who are undergoing dialysis
- People undergoing cancer-related chemotherapy and/or radiation
- People with suppressed immune systems due to HIV positive status, organ transplant, and/or stem cell (bone marrow) transplant
- People with special needs (physical, medical, developmental and/or cognitive needs)



### PREDETERMINATION FOR YOUR DENTAL CARE



It is not required, but Delta Dental recommends that you ask your provider to <u>predetermine</u> services over \$200.

- If your provider recommends a certain procedure that will cost over \$200, ask them to send a predetermination to Delta Dental of Illinois.
- Delta will issue a predetermination that indicates the amount covered for the procedure in advance.
- Assuming no changes are made to eligibility or additional benefits for other claims are paid
  prior to receiving treatment, you and your provider will have a better idea how much will be
  covered under the benefit program and how much you will be required to pay for the service.

# Vision Insurance

### VSP VISION I CONTACT INFO AND KEY LINKS

800.877.7195 | VSP Website | VSP ID Card | Provider Finder | Plan Overview



# 2024 Vision Plan Summary and Employee Contributions

VSP – Choice Network	In-Network Member Cost	Out-of-Network Reimbursement		
Exam with Dilation as Necessary	\$10 copay	Up to \$45		
Contact Lens Fit and Follow-Up (Contact lens fit and two follow up visits are available once a comprehensive eye exam has been completed)	Up to \$60 copay	\$0		
Standard Contact Lens Fit and Follow-Up	Up to \$40	\$0		
Premium Contact Lens Fit and Follow-Up	10% off retail	N/A		
Retinal Imaging	Up to \$39	N/A		
Frames	\$0 copay; \$130 allowance; 80% of charge over \$130	Up to \$70		
Standard Plastic Lenses				
Single Vision	\$25 copay	Up to \$30		
Bifocal	\$25 copay	Up to \$50		
Trifocal	\$25 copay	Up to \$65		
Lenticular	\$25 copay	Up to \$100		
Contact Lenses				
Conventional	\$0 copay; \$130 allowance (in lieu of lenses and frame)	Up to \$105		
Medical Necessary	\$25 copay; Paid in full	Up to \$210		
Laser Vision Correction				
Lasik or PRK from US Laser Network	15% off the retail price or 5% off the promotional price	N/A		
Frequency				
Examination	Once every 12 months			
Lenses or Contact Lenses	Once every 12 months			
Frame	Once every 24 months			

Please refer to VSP highlight sheet for further information.

Employee Contributions (Semi-Monthly)		
Single	\$0.43	
Single + 1	\$0.80	
Family	\$1.29	

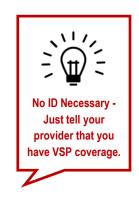


### MEMBER ACCOUNT

Create an account at <u>vsp.com</u> to view your in-network coverage, find network doctors, and discover savings with exclusive member extras. Download the VSP Vison Care App from your app store to manage your eye care needs at anytime, from anywhere.

### PREMIER PROGRAM

Maximize your coverage with bonus offers and savings that are exclusive to VSP's Premier Program locations—including thousands of private practice doctors and over 700 Visionworks retail locations nationwide.



### **VSP OFFERS & PROMOTIONS**

Visit the Offers page on the VSP website or mobile app for current member extras and savings opportunities.

### **VSP NETWORK COVERAGE**

When it comes to choices, VSP\* has your employees and their eyes covered with a huge network of independent doctors, popular retailers, and an online option.

### **Independent Doctors**

- Largest network of independent doctors
- 24-hour access to emergency care
- Integrated medical management with VSP Healthy Innovations

### **Premier Providers**

 VSP Premier program locations, where employees can maximize their benefits, include both private practice doctors and more than 700 Visionworks retail locations nationwide.





PROGRAM

### **Retail Options**

VSP provides a truly personalized network for your employees. In addition to Visionworks, your employees have access to retail chains including:













### Buy Online, Anytime!

VSP members can shop the latest designer glasses and name brand contacts online at eyeconic.com\* with their VSP benefits.



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# Health Insurance Opt-Out Incentive

### HEALTH INSURANCE OPT-OUT INCENTIVE | PROGRAM DETAILS

If you have access to health insurance through a family member, you may be eligible to receive a **CASH INCENTIVE** from the City!

To participate in the opt-out incentive program, you must waive medical, dental, and vision insurance coverage from the City (as described below), complete the <u>Health Insurance Opt-Out Form</u>, and provide supporting documentation showing proof of medical insurance coverage elsewhere as well as proof of dependency for your dependents if electing the Plus One or Family tier incentive.

### Annualized Incentive Value by Waived Coverage Tier

Single	Plus One	Family		
\$2,000	\$3,000	\$4,000		

Please keep in mind the following information regarding the City's health insurance opt-out program:

- All payments are subject to taxes and withholdings, and shall be issued to the employee via payroll on a semi-monthly basis.
- The duration of the health insurance opt-out qualifies for one plan year (January 1–December 31).
- Employees who opt-out of the insurance program mid-year due to a qualifying life event, shall receive the incentive payment on a pro-rated basis.

To participate in the Health Insurance Opt-Out Program During your Benefit Enrollment Period:

- Waive medical, dental, and vision coverage via <u>eSuite</u> by the open enrollment deadline.
- Complete the <u>Health Insurance Opt-Out Form</u> and attach a copy of the your proof of medical coverage elsewhere
  (applicable medical insurance card or letter verifying coverage in another medical insurance plan) and return the form
  and supporting documentation to Human Resourses by open enrollment deadline.



# Health Insurance Opt-Out Incentive

### **HEALTH INSURANCE OPT-OUT INCENTIVE | FORM REQUIREMENTS**

The health insurance opt-out form requires the following information regarding your medical insurance coverage elsewhere.

- Insurance carrier name
- Employer name
- Policy/Group number
- Effective date of coverage
- Subscriber/Member
- Member ID
- Employer/Group
- Member Services phone number
- Person who can verify coverage
- Phone number of verifying person
- Type of coverage (Single, Single +1, Family)
- Copy of medical insurance card or letter verifying coverage in another medical insurance plan
- Proof of dependency documentation for your eligible dependents if electing Plus One or Family tier level opt-out



Opt-out documentation must be provided regardless of previous participation.
All opt-out requests must include proof of coverage under an alternate medical insurance plan.



# Life Insurance | City-Paid and Supplemental

### SECURIAN FINANCIAL LIFE INSURANCE I CONTACT INFO AND USEFUL LINKS

800.392.7295 | Securian Website | Beneficiary Designation Form | Plan Highlights & Rates | Life Insurance Calculator



Life insurance coverage can help your family meet daily expenses, maintain their standard of living, pay off debt, secure your children's education, and more in the event of your or your family member's passing.

To make a life insurance claim, please contact the Human Resources Department.

### CITY-PAID BASIC LIFE INSURANCE

All full-time employees are provided with a group life insurance including accidental death and dismemberment (AD&D) while employed by the City. The City funds the full-cost of this coverage. Employees are responsible for designating beneficiaries and for keeping their designations current. Coverage ceases on the last day of employment.

Classes	Life Benefit Amount
Non-Union Management, IAFF Officers and MAP #241 Employees	\$100,000
MAP #240, IAFF, AFSCME, MECCA (PW) and Non-Union Non- Management Employees	\$70,000

AD&D	For a covered accidental loss of life, your basic AD&D coverage amount is equal to your Basic
Insurance	Life coverage amount. For other covered losses, a percentage of this benefit will be payable.

### SUPPLEMENTAL LIFE INSURANCE

The City also offers supplemental life insurance programs that you may elect for yourself and dependents. You pay the full premium cost for supplemental life insurance through payroll deductions. Coverage ceases on your last day of employment.

Eligible employees can enroll in or increase their supplemental life insurance coverage:

- Upon Hire within 30 days (coverage amounts exceeding the guarantee issue amounts, \$300,000 employee / \$50,000 spouse, require medical underwriting approval).
- During annual open enrollment for employee or spouse coverage (the completion of a health questionnaire and underwriting approval is required).
- For a Family Status Change (the completion of a health questionnaire and underwriting approval is required for coverage exceeding guaranteed issue amounts or where underwriting approval was previously declined).

If you are enrolling for the first time outside of your new hire enrollment or a qualified family status change, you must submit an evidence of insurability questionnaire for underwriting review and approval.  $^*$ 



If you are recently a new parent, married or divorced, please remember that you can update beneficiary information on your life insurance, retirement plans and pension at any time.

# Supplemental Life Insurance

### SUPPLMENTAL EMPLOYEE AND SPOUSE LIFE INSURANCE

You may request employee and/or spouse supplemental life coverage amounts during open enrollment, upon hire, or with a qualifying life event within the guidelines provided below.

	Coverage Minimum		Coverage Amount	iuaranteed sue Amount	Coverage Minimum	
Employee	\$	10,000	Elected in Increments of \$10,000	\$ 300,000	\$	750,000
Spouse	\$	5,000	Elected in Increments of \$5,000	\$ 50,000	\$	500,000



### NOTE:

- Both supplemental employee and spouse life coverage is based on the employee's age as of the first of the year.
- Employees must enroll in employee supplemental life coverage in order to elect spouse supplemental life coverage. Your spouse's coverage cannot exceed 100% of your combined basic and employee supplemental life coverage.
- Coverage exceeding guarantee issue amounts requires the completion of a health questionnaire & underwriting approval.
- New or increased coverage elections made during open enrollment require the completion of a health questionnaire and underwriting approval. Exceptions include elections made within 30 days of hire or a qualified family status change for coverage up to the guarantee issue amounts.
- During open enrollment, Employee Supplemental Life current insureds may increase their coverage by \$10,000 without evidence of insurability provided that the resulting amount of insurance does not exceed the \$300,000 guaranteed issue limit.
- If your spouse is eligible for coverage as a City employee, they cannot be enrolled in spouse supplemental life.
- Only one employee may cover a dependent child.
- Employees pay 100% of the premium for this coverage through payroll deduction.
- Applicable premiums will be deducted from employees' payroll on a semi-monthly basis (1st two pay periods of each month).

Employee or Spouse	Supplemental Life
Employee's Age	Rate per \$1,000
<25	\$ 0.055
25-29	\$ 0.065
30-34	\$ 0.080
35-39	\$ 0.095
40-44	\$ 0.120
45-49	\$ 0.180
50-54	\$ 0.275
55-59	\$ 0.455
60-64	\$ 0.780
65-69	\$ 1.270
70-74	\$ 2.300
75+	\$ 3.720
Rates increase with age and a	Il rates are subject to change.

Note: Spouse rates are based on employee's age.

### FAMILY PLAN (DEPENDENT PACKAGE) LIFE COVERAGE



The Family Plan provides coverage in the amount of \$10,000 for your spouse and \$5,000 for each eligible child (generally children under the age of 26). You can only enroll in Family Plan coverage upon hire or for an eligible family status change.

\*You cannot elect Family Plan Life coverage during open enrollment .

The employee pays the full cost of this coverage. The cost is only \$0.26 per month regardless of the number of covered dependents. Premiums for this coverage will be deducted directly from employees' payroll on a semi-monthly basis.

If your spouse is eligible for coverage as a City employee, only your <u>or</u> your spouse can carry this coverage. The plan would cover your eligible children only and not your spouse (City employee).

# Flexible Spending Accounts (FSA)

### WEX I CONTACT INFO AND USEFUL LINKS

866.451.3399 | WEX Website | Member Login | Mobile App | Searchable Eligible Expense List |
Dependent FSA: Flyer - Video | Medical FSA: Flyer - Video | Contribution Limits | Claims Form



### FLEXIBLE SPENDING ACCOUNTS (FSA)

Flexible spending accounts allow you to set aside pre-tax dollars to reimburse yourself for eligible out-of-pocket expenses. .

FSAs elections are good for the calendar year only. You must re-enroll if you want to
participate in 2024. If you do not enroll by the open enrollment deadline, you will not
be able to participate in the FSA program in 2024 unless you experience a qualifying
event or enroll as a newly hired employee.

### **DEPENDENT CARE FSA**

A dependent care FSA allows you save money by setting aside dollars from your payroll on a pre-tax basis for eligible dependent care expenses, such as child care for dependents under the age of 13, elder/adult daycare, or disabled dependent care.

- Unlike medical FSAs, dependent FSAs are not pre-funded. You can only be reimbursed up to the amount you have had deducted from your payroll.
- To be eligible, you and your spouse (if applicable) must be employed full time or your spouse (if applicable) must be a full-time student or looking for work.
- NOTE: The maximum annual contribution amount for 2024 is \$5,000 for single and married couples filing taxes jointly and a \$2,500 for married couples filing taxes separately.



FSAs are "Use It or Lose It". Any money left in your accounts after the plan year Grace Period is forfeited!

You have until 3/15/2025 to incur eligible expenses against your 2024 FSA contributions and until 3/31/2025 to submit your claims.

Unsubstantiated claims are subject to taxes.

**SUBMIT YOUR RECEIPTS!** 

### **MEDICAL FSA**

A medical FSA allows you to save money by setting aside dollars from your payroll on a pre-tax basis for eligible out-of-pocket medical, prescription, dental and vision expenses.

- Your full annual contribution amount is available for your use as of the first of day of the plan year.
- Your contributions are deducted from your payroll check on a semi-monthly basis (1st two pay periods of each month).
- To be eligible, you or your spouse cannot be actively enrolled and contributing to a health savings plan (HSA).
- Program participants receive a debit card that can use to pay for eligible expenses.
- If you re-enroll in the FSA program, do not discard your WEX debit cards. Your elected amount will be automatically loaded onto your current debit card. If you need a replacement card, please contact WEX directly.
- NOTE: The maximum annual contribution amount for 2024 is \$3,200.



Download the Discovery Benefits mobile app to manage your benefits on the go.

From the app, you can check your account balances, upload photos of your receipts, file claims, and view claim activity.

# Flexible Spending Accounts (FSA)

### ELIGIBLE EXPENSE SEARCHABLE LIST

Did you know that many over-the-counter medical products are Medical FSA eligible expenses? Below are few examples of medical FSA eligible items from the <u>WEX Searchable List</u>. Please use this list to search for medical FSA eligible items as well as dependent care eligible programs and expenses. Simply filter the list by medical or dependent care plan.



EXPENSE	ELIGIBLITY	PLAN	COMMENTS AND SPECIAL RULES
Allergy Medicine	Eligible	Medical FSA	Examples: Alayert, Claritin, Zyrtec, Loratadine.
Antacids / Acid Controller	Eligible	Medical FSA	Examples: Maalox, Prilosec OTC, Zantac.
Antihistamines	Eligible	Medical FSA	Examples: Benadryl, Claritin, Zyrtec.
Bandages, Elastic or for Torn or Injured Skin	Eligible	Medical FSA	Example: Ace bandages, athletic bandages. Examples: Band-Aid, Curad, butterfly bandages
Blood Pressure Monitor	Eligible	Medical FSA	
Cold Medicine	Eligible	Medical FSA	Examples: Comtrex, Sudafed, Vicks, Nyquil, Dayquil
Contact Lenses, Materials, & Equipment	Eligible	Medical FSA	Contact lenses for solely cosmetic purposes (for example, to change one's eye color) do not qualify
Decongestants	Eligible	Medical FSA	Examples: Dimetapp, Sudafed
Expectorants	Eligible	Medical FSA	Examples: Mucinex, Triaminic, Comtrex, Robitussin
Face Masks, Disposable	Eligible	Medical FSA	
Feminine Hygiene Products	Eligible	Medical FSA	Example: Tampons, Pads, cups
Fever Reducing Medications	Eligible	Medical FSA	Examples: Aspirin, Motrin, Tylenol, Ibuprofen, Acetaminophen
First Aid Kit	Eligible	Medical FSA	
Hand Sanitizer (including anti-bacterial)	Eligible	Medical FSA	Examples: Germ-X, Purell
Lumbar Support Brace	Eligible	Medical FSA	
Nicotine Gum or Patches	Eligible	Medical FSA	Examples: Nicoderm, Nicorette
Pain Relievers	Eligible	Medical FSA	Examples: Advil, Aspirin, Tylenol, Acetaminophen, Ibuprofen
Reading Glasses	Eligible	Medical FSA	
Sunscreen	Eligible	Medical FSA	
Thermometers	Eligible	Medical FSA	

### YOUR WEX DEBIT CARD MAKES IT EASY TO PURCHASE ELIGIBLE OVER-THE-COUNTER ITEMS

• Where does it work? At a variety of merchants. Specifically, anywhere with an Inventory Information Approval System (IIAS) or at merchants that meet the IRS's 90 percent rule (where 90% of gross sales meet eligibility requirements).

\*IIAS merchants typically include large retailers such as Wal-Mart, Target, Walgreens, CVS, and Amazon.



- How does it work? If used at an IIAS merchant, simply swipe your card and it will automatically approve purchase that's an eligible expense. If used elsewhere, you may need to upload supporting documentation.
- What if additional documentation is required? You can view the status of your claims
  and upload documentation easily with the WEX mobile app or through your WEX online
  account.

# Commuter/Transit Benefits

### WEX I CONTACT INFO AND USEFUL LINKS

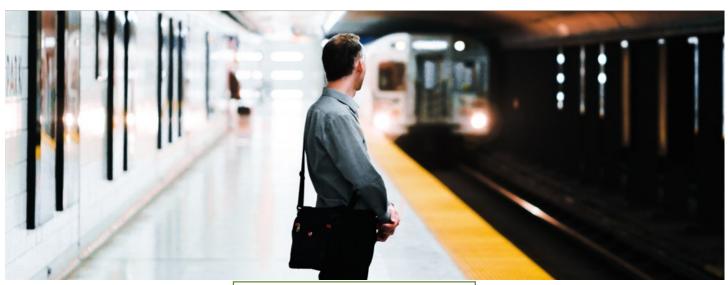
866.451.3399 | <u>WEX Website</u> | <u>Member Login</u> | <u>Mobile App</u> Commuter/Transit Benefit <u>Flyer</u> | <u>Video</u>



### COMMUTER/TRANSIT BENEFITS | MASS TRANSIT AND PARKING

Commuter/Transit benefits allow you to save money by setting aside dollars from your payroll on a pre-tax basis for eligible mass transit and parking expenses for your commute to and from work.

- Commuter/Transit benefit elections are only good for the calendar year. You must re-enroll if you want to participate in 2024.
- Your funds become available as you contribute to the plan, generally within 2-3 days after your payroll contribution.
- You can adjust the amount you contribute to the plan each month. No qualifying event is needed. Simply, contact the Human Resources to update your contributions.
- The commuter/transit plan is flexible and your funds will continue to roll-over month to month until the funds are used. However, your funds will no longer be available if you terminate employment.
- Participants can either submit eligible expenses for reimbursement or use their WEX debit card to pay for eligible expenses.
- Only a City employee's commuting expenses are eligible for this program. Commuting expenses incurred by an employee's dependents are not eligible.
- NOTE: The maximum monthly contribution amount for 2024 is \$315 for both mass transit and parking commuter.



# Employee Assistance Program (EAP)

### LIFEWORKS EMPLOYEE ASSISTANCE PROGRAM | CONTACT INFO AND USEFUL LINKS

855.773.0207 | <u>LifeWorks Website</u> (User ID: CityofDesPlaines / Password: 60016) | <u>Mobile App</u>

<u>Users Guide</u> | Resource Flyers: <u>Overview</u> - <u>Anxiety-Depression</u> - <u>Healthy Relationships</u> - <u>Financial</u> - <u>Legal</u>



THE LIFEWORKS EMPLOYEE ASSISTANCE PROGRAM is a FREE AND CONFIDENTAL program that offers resources to support employees' and their household members' mental, physical, social and financial well-being.

Resources range from personalized counseling sessions, self-guided assessments and resource libraries, financial and legal consultations, online fitness programs and coaching, to vacation planning and discount movie tickets.

### RESOURCES ARE AVAILABLE ANY TIME 24-7 VIA PHONE, ONLINE, AND MOBILE APP

- Immediate access to trained, professional advisors providing advice, work-life support and referrals
- Counseling by phone for immediate, short-term support
- · Referrals to in-person, phone or video counseling to fit your schedule and comfort level
- Connections to organization in your community to help address your specific needs
- Personalized well-being content, tools and resources
- Financial and legal assistance
- · Child, elder, and pet care resources
- Online fitness and coaching
- Assistance with big purchases
- Vacation planning
- Thousands of perks and savings opportunities
- And more!

### Feel Supported

If you're feeling stressed, having sleep problems or worrying about your budget, connect with us confidentially



### LIFE CAN BE COMPLICATED | GET HELP WITH LIFE'S QUESTIONS, ISSUES AND CONCERNS

### LIFE **FAMILY** HEALTH WORK MONEY Retirement Parenting Mental Health • Time Management Saving Mid-Life Couples Addictions • Career Development Investing Student Life Separation/Divorce Fitness • Work Relationships Budgeting Older Relatives Managing Stress Work Stress Managing Debt Legal Relationships Adoption Nutrition • Managing People Home Buying Disabilities Death/Loss Sleep • Shift Work Renting Crisis Child Care • Smoking Cessation • Coping with Change Estate Planning Personal Issues Education Alternative Health Communication Bankruptcy

# Employee Assistance Program (EAP)

### **CUSTOM COUNSELING PLANS**

- Employees or their household members work together with a clinician to determine the appropriate number of sessions required to meet the unique needs of the individual and situation.
- Professionally trained advisors are available 24/7 to help with family problems, marital concerns, financial and legal matters, stress, depression, and other issues affecting employees' and their family members' personal or work life.

### **ONLINE WELLBEING RESOURCES**

Find answers to your questions by browsing hundreds of articles, toolkits, audio recordings, e-books, and more. Simply log in to LifeWorks and visit the "LIFE" section from the menu bar.

### PERSONALIZED ACCOUNTS

Create your own <u>personal account</u> to create a custom experience by choosing topics of interest delivered in your own well-being feed. Plus, take advantage of well-being assessments and self-guided, care solutions.



Improve your wellbeing in 3 minutes a day!

Use our daily wellbeing playlist to become a healthier and happier you.



**CareNow Programs** 

Feeling stressed, having trouble coping with depression or anxiety? We have a program to support you, anytime, anywhere.



Support Requests and FAQs

Using a personal account allows us to respond to any support inquiries you may have.



Wellbeing Assessments

Use our daily wellbeing playlist to become a healthier and happier you.



**Exciting Exclusive Offers** 

Take advantage of our exclusive offers where you will find great deals.

### FINANCIAL WELL-BEING

<u>Financial well-being</u> is now understood to be as important as physical and mental wellness. It's about more than having money in the bank. Financial wellbeing means feeling in control of your finances, being able to handle a financial setback, and being on track to achieve your financial and life goals including having a plan for retirement.

### **LEGAL RESOURCES**

Whether it's a question about real estate, writing a will, estate planning, handling a legal dispute, or finding a lawyer in your area, LifeWorks can help. <u>Services</u> include document preparation, local attorney referral, legal consultation and legal library.

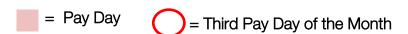
### **CONFIDENTIALLY IS KEY**

Calls to the EAP are confidential. All information that you share with counselors is also confidential and cannot be shared with employers or other parties without your consent. Employers receive only summary information about the number of calls and visits to the program that took place.



# 2024 Payroll Calendar

		JA	NUA	RY				FEBRUARY						MARCH								APRIL						
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29	30						27	28	29	30	31				24	25	26	27	28	29	30	29	30	31				



Deducted 24 Times Per Year 1st Two Pay Days of Each Month	Deducted 26 Times Per Year Every Pay Day
Medical Insurance	Pension Contributions
Dental Insurance	<ul> <li>457/401a Plan Contributions</li> </ul>
Vision Insurance	Roth IRA Contributions
Supplemental Life Insurance	IMRF Additional Voluntary Contributions
Flexible Spending Accounts	Applicable Federal, State, Social Security
Transit Benefit Accounts	and Medicare Taxes

\*Union Dues deductions will continue per current deduction schedule
\*\*Wage garnishments will be deducted according to the terms of the garnishment order

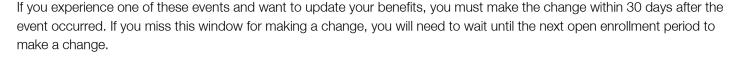
# Qualifying Life Events

# QUALIFYING LIFE EVENTS FOR MID-YEAR MEDICAL, DENTAL, VISION, LIFE INSURANCE, AND FLEXIBLE SPENDING ACCOUNT CHANGES

Changes to your benefits can be made outside of open enrollment only if preceded by a documented qualified life event and made within 30 days of the event. Your change must be consistent with your life event/status change.

Listed below are some events that qualify for a change in coverage.

- Marriage
- Civil union
- Divorce or legal separation
- Birth or placement for adoption of a child
- Ineligibility of a dependent
- Loss of other coverage
- Change in your employment status or that of your spouse/dependent
- Court order
- Entitlement to Medicare or Medicaid



# To Submit Your Enrollment Changes

### ACCEPTABLE PROOF OF DEPENDENCY SUPPORTING DOCUMENTATION

Legally Married	Copy of official state marriage certificate or civil union certificate	
Biological Child	Copy of child's official state birth certificate  Newborns Only: Copy of the crib card or hospital discharge papers if birth certificate is not yet available. Employee must follow-up with the birth certificate	
Adopted Child	Copy of adoption papers signed by a judge and copy of child's official state birth certificat	
Step Child	Copy of child's official state birth certificate and copy of official state marriage certificate	
Legal Ward	Copy of court documents signed by a judge, copy of child's official state birth certificate and proof of permanent residency	
Child with Physical or Mental Incapacity that Occurred Before the Age of 26	Disability certification form in addition to documentation listed above depending on the relationship	

# Retirement Considerations

### BENEFIT ELECTION PLANNING FOR OPEN ENROLLMENT

The pension code for the Police Pension, Fire Pension and IMRF (215 ILCS 5/367) states that only retirees and dependents enrolled in health plans the day before retirement have the right to maintain coverage. If you are planning on continuing City coverage in retirement please consider the following.

- You cannot add dependents to your City coverage after your retire. Once you drop a dependent from your retiree coverage, you cannot re-enroll that dependent at a later date.
- You can only continue coverage in plans for which you were enrolled in the day before your retirement. For example, you cannot enroll in retiree vision coverage if you were not enrolled in vision coverage the day before retirement.
- Once your drop City coverage in retirement you cannot re-enroll in the future.
- In retirement, you can switch between HMO, PPO2 and PPO3 plans during annual open enrollment.
- If you are planning on retiring in 2024, ensure your elections are as desired in retirement during open enrollment.

### **RETIREMENT SAVINGS PLANS**

If you contribute to the Mission Square (formerly ICMA-RC) 457 Plan or Roth IRA or participated in the City's Retirement Health Savings Plan, please contact the City's representative for information regarding accessing your funds in retirement.

Danka Durkiewicz
Mission Square, Retirement Plan Specialist
202.759.7159 | ddurkiewicz@missionsq.org

If you contribute to the Nationwide 457 Plan, please contact the City's representative for information regarding accessing your funds in retirement.

Brian W Miller, CFP, CRC Nationwide Financial, Sr. Retirement Specialist 847.573.0156 | milleb24@nationwide.com

If you contribute to IMRF's Voluntary Additional Contributions, please contact IMRF member services at 800.275.4673 for your fund distribution options.



### 457 DEFERRED COMPENSATION PLANS

A 457 deferred compensation plan allows you to save and invest money for retirement with tax benefits.

- Contributions are made to an account in your name, through payroll deductions, for the exclusive benefit of you and your beneficiaries.
- The value of the account is based on the contributions made and the investment performance over time.
- A 457 plan is designed to supplement your retirement income. While a
  pension and/or Social Security may go a long way, they may not to be
  enough.



### Contributions

- Pre-tax contributions (Federal and state) you make reduce your taxable income for the year.
- These contributions and all associated earnings are not subject to these taxes until you withdraw them.

### Investments

- You control how your account is invested, choosing from options available through the City's vendors.
- A typical plan includes a wide range of options, from more conservative stable value funds to more aggressive bond and stock funds.

### Withdrawals

- You can make withdrawals from your account when you end your employment with the City. You have the ability to take payments as needed or request scheduled automatic payments. You maintain control over your investments and continue to benefit from tax deferral even after you leave your employer.
- Withdrawals are generally taxable but, unlike other retirement accounts, the 10% penalty tax does not apply to distributions prior to age 59½.

### Survivor Benefits

- You designate a beneficiary or beneficiaries to receive any remaining assets upon your death.
- Designating beneficiaries can help ensure your assets are distributed per your wishes and avoid the potential costs and delays of probate.

### 457 Plans are offered through Mission Square (formerly ICMA-RC) and Nationwide

Sign-up at the below links or contact the City's retirement plan representatives for more information.

### icmarc.org/enroll

Danka Durkiewicz
Mission Square, Retirement Plan Specialist
202.759.7159 | ddurkiewicz@missionsg.org



### NRSFORU.com

Brian W Miller, CFP, CRC Nationwide Financial, Sr. Retirement Specialist 847.573.0156 | milleb24@nationwide.com

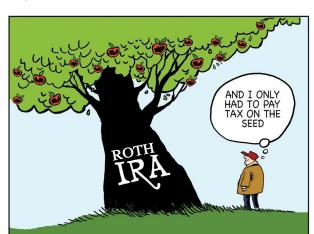


# Roth IRAs and Contribution Limits

### **ROTH IRA**

A Roth IRA is a tax-advantaged account that holds investments to provide you with income in retirement.

- You contribute to a Roth IRA from your earned income after you
  pay regular income taxes—unlike a traditional IRA, there is no
  upfront tax break with a Roth IRA.
- The tax benefits come later, as you pay no income tax on qualified withdrawals of contributions and earnings.
- You can withdraw contributions you've made to your Roth IRA penalty-free, for any reason, at any time.
- Roth IRAs are subject to specific income limits based on tax filing status. Please be sure to check your eligibility.
- You control how your account is invested, choosing from available options.
- You designate a beneficiary or beneficiaries to receive any remaining assets upon your death.



Roth IRA's, with the convenience of payroll deductions, are offered through Mission Square (formerly ICMA-RC)

• Sign-up at the below link or contact the City's retirement plan representative for more information.

### icmarc.org/enroll

Danka Durkiewicz
Mission Square, Retirement Plan Specialist
202.759.7159 | ddurkiewicz@missionsg.org



### 457 PLAN AND ROTH IRA 2024 CONTRIBUTION LIMITS

Plan	Normal Limit	Normal Limit  Age 50 Catch-Up  Additional Contribution Limit					
457 Plan	\$23.000	\$7,500	\$23,000				
Roth IRA	\$7,000	\$1,000	N/A				

# Retirement Health Savings Program (RHS)

### RETIREMENT HEALTH SAVING PROGRAM (RHS)

### THE CITY'S RHS PLAN OFFERS AN EXCEPTIONAL OPPORUTNITY TO BUILD RETIREMENT SAVINGS!

This program can play a crucial role in your retirement savings portfolio by helping you prepare for the health care costs experienced in retirement. The program provides a tax-free, cash-value conversion of unused, unpaid leave into funds that can be used for the reimbursement of eligible health care expenses for you and your eligible dependents upon retirement or employment separation.

### **KEY BENEFITS**

- CASH VALUE FOR SICK LEAVE I Unused, unpaid sick leave often does not have
  a cash or cash-value equivalent. The RHS program provides a cash-value
  payout for eligible unused, unpaid sick leave hours, including sick leave earned
  through the City's non-absence bonus programs.
- TAX ADVANTAGED SAVINGS I The City's RHS plan offers TRIPLE TAX
   SAVINGS with tax-free contributions, investment earnings, and withdrawals for qualified health care expenses. You NEVER pay Federal, Illinois, Social Security or Medicare Tax on RHS funds!
  - Comparison to other retirement savings vehicles: The City's 457 Plan and Traditional IRA withdrawals (as well as regular pensions) are generally subject to Federal tax and sometimes state taxes depending on where you reside. And with Roth IRAs, your contributions are made on income that has already been taxed
- taxed.

  INVESTMENT CONTROL I You control how your contributions and associated earning are invested in your Mission Square RHS account. You have the flexibility to make changes at any time, choosing from Mission Square's available

Upon initial transfer, your RHS funds are placed in a default investment option. If you participated in the City's RHS program, please be sure to visit your Mission Square member portal to review your investment elections.

### PLAN DEFINITIONS

investment options.

- ELIGIBLE EXPENSES I These include medical, dental, and vision out-of-pocket costs as well as after-tax health care premiums.
- ELIGIBLE DEPENDENTS I These include a spouse and generally children under the age of 27.

### UPON DEATH CONSIDERATIONS

- Upon your death, your account can be transferred to your spouse and eligible dependents to use for their eligible expenses.
- If you do not have eligible dependents, your remaining account funds will be reallocated to all City RHS plan participants with an account balance.
  - Per current IRS regulations, your RHS assets cannot be assigned to a non-eligible dependent upon your death.
  - Be sure to plan the use of your RHS funds accordingly.

You can find the City's RHS Plan Provisions on the Current Employee Benefits Page of the City's website.



- L. Tax-Free Contributions
- 2. Tax-Free Investment Growth
- Tax-Free Withdrawals (for qualified health care expenses)



# Retirement Health Savings Program (RHS)

### HOW DOES THE RHS PROGRAM WORK?

• The City's RHS Program actually has two components – Annual Sick Leave Payout Program - AND- Upon Employment Separation Program. The Non-Management Annual and Upon Separation Programs are detailed below with examples. (Note, management employees' calculations may differ. Please see your applicable collective bargaining agreement or the City's Personnel Policy [non-union] for details.)

	ANNUAL SICK LEAVE PAYOUT PROGRAM NON-MANAGEMENT	UPON EMPLOYMENT SEPARATION PROGRAM
Am I eligible to participate?	You must accumulate a minimum bank of 90 sick days* to be eligible  *For Police Dept. employees assigned to 12hr shifts, ninety 8hr days/ 720 hours of banked sick time is required to participate  *For Fire Dept. employees assigned to 24hr shifts, 45 days/1080 hours of banked sick time is required to participate	You must have previously participated in the Annual Sick Leave Payout Program with an RHS transfer to be eligible
What is my eligible leave?	Eligible Hours = Sick leave hours accrued in excess of 90 days  EXAMPLE: You work an 8hr/day schedule and you have a sick leave balance of 100 days/800 hours as of the end of the year  • 800 Sick Hours -LESS- 720 Sick Hour (90 days) = 80 Eligible Leave Hours	Eligible Leave = All remaining unused, unpaid sick, vacation and personal days in your accrual bank as of your last day of employment  EXAMPLE: You work an 8hr/day schedule and you have the following leave balances as of your last day of employment  15 Vacation Days, 3 Personal Days and 95 Sick Days = Eligible Leave
What is the amount of my RHS transfer?	Eligible hours are multiplied by 75% of your calendar year-end hourly pay rate  EXAMPLE: You have a year-end hourly pay rate of \$25.00 and 100 eligible hours  Step 1   Calculate Transfer Rate  \$25.00 year-end hourly pay rate x 75% = \$18.75  Step 2   Multiply Transfer Rate by Eligible Hours  \$18.75 x 80 eligible hours = \$1,500.00  TOTAL RHS TRANSFER = \$1,500.00	Vacation and personal days/hours are paid at 100% of your final hourly pay rate; For sick time, the first 45 days* are paid at 25% and any additional days are paid at 75% of your final hourly pay rate  *For Police Dept. employees assigned to 12hr shifts, the first forty-five 8hr days/360 hours of banked sick time is paid at 25%.  *For Fire Dept. employees assigned to 24hr shifts, the first 22.5 days/540 hours of banked sick time is paid at 25%.  EXAMPLE: You have a \$25.00 final hourly pay rate with the final leave balances listed above  Step 1   Calculate Vacation/Personal Leave Value  • (15 vacation days x 8hr/day) + (3 personal days x 8hr/day)  • 120 vacation hours + 24 personal hours = 144 hours  • 144 hours x \$25.00 = \$3,600.00  Step 2   Calculate Sick Leave Value  • (45 days x 8hr/day) x (\$25.00 x 25%) + (50 days x 8hr/day) x (\$25.00 x 75%)  • (360 hours x \$6.25) + (400 hours x \$18.75)  • \$2,250.00 + \$7,500.00 = \$9,750.00  TOTAL RHS TRANSFER = \$13,350.00 (\$3,600 + \$9,750)
When will my RHS transfer take place?	Annual RHS transfers generally take place in February or March for the previous calendar year's eligible sick leave	Upon separation RHS transfers take place on the payroll following the employee's final payroll with hours worked/approved leave

# Fire and Police Pension Funds

### DES PLANES FIRE PENSION FUND | CONTACT INFO AND USEFUL LINKS

Website | Email: firepension@desplaines.org | 847.827.4892



### DES PLANES POLICE PENSION FUND I CONTACT INFO AND USEFUL LINKS

Website | Email: policepension@desplaines.org | 847.827.4804





# IMRF: Pension, Disability, Death Benefits

### ILLINOIS MUNICIPAL RETIREMENT FUND | CONTACT INFO AND USEFUL LINKS

Website | Member Login | Member Services: 800.275.4673



Provides pension/retirement, disability, and death/survivor benefits to employees of local government

- Manage Your IMRF Account With Member Access
- Understanding IMRF Tiers and Plans
- Reciprocal Service
- IMRF Retirement Savings Seminar Presentation Recording | Nov'2023

### TIER 1 REGULAR PLAN MEMBERS

- First Participated Before 1/1/2011
- Your Contributions
- Retirement Benefits
- Service Credit
- Pension Options & Refunds at Retirement
- Pension Estimates
- <u>Disability Benefits</u>
- Death and Survivor Benefits

### **TIER 2 REGULAR PLAN MEMBERS**

- First Participated on or After January 1, 2011
- Your Contributions
- Retirement Benefits
- Service Credit
- Pension Options & Refunds at Retirement
- Pension Estimates
- Disability Benefits
- Death and Survivor Benefits







# IMRF Voluntary Additional Contributions (VAC)

### ILLINOIS MUNCIPAL RETIREMENT FUND VAC I CONTACT INFO AND USEFUL LINKS

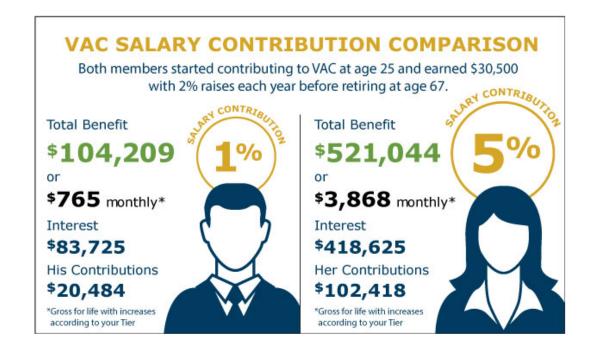
Tier 1 VAC Plan Overview | Tier 2 VAC Plan Overview | VAC Form | IMRF Website | Member Services: 800.275.4673



### IMRF'S VAC PROGRAM IS AN EASY WAY TO HELP YOU SAVE ADDITIONAL RETIREMENT INCOME

- Tier 1 members (first participated before 1/1/2011) may contribute up to a maximum of 10% of your IMRF reportable earnings through payroll deductions.
- Tier 2 members (first participated on or after 1/1/2011) may contribute up to a maximum of 10% of your IMRF reportable earnings, up to the Tier 2 wage cap, through payroll deductions.
- Contributions are made after-tax through payroll deductions. They are not tax-deferred like usual IMRF member contributions.
- Unlike the Voluntary Additional Contributions themselves, the interest credited is tax-deferred.
- You can start, stop, increase or decrease your VAC contributions at any time.
- Although you can apply for a refund of your contributions at anytime, IMRF discourages refunds.
- The VAC program is intended to supplement to retirement income. If you want a short-term savings option, VAC may not be the right choice.





# IMRF Voluntary Additional Contributions (VAC)

### RETIRING WITH VOLUNTARY ADDITIONAL CONTRIBUTIONS

If you leave your VAC on deposit until you retire from IMRF, at retirement, you may choose to receive your Voluntary Additional Contributions as either:

- A monthly annuity if your VAC balance is \$4,500 or more
- A lump sum

### INTEREST IS CREDITED DIFFERENTLY FROM A TRADITIONAL SAVINGS ACCOUNT

- A traditional savings account credits interest on the current amount in the account. IMRF credits interest annually, at the end of the year based on the previous January 1 balance.
- You will not earn interest in the first year you begin making Voluntary Additional Contributions.
- If you withdraw your contributions at any time during a year, you will not receive any interest on
  the contributions you withdraw. Contributions must stay in your account for you to receive
  interest. However, you would receive interest on any previously earned interest that remains in
  your account.
- The current rate of interest is 7.25%. This rate may change in the future. If it does, IMRF may not directly notify you.



1ST YEAR	January 1, 2019 opening balance							
	Interest credited on December 31, 2019 based upon January 1, 2019 balance of \$0 x 7.25%							
2ND YEAR	January 1, 2020 opening balance							
	Interest credited on December 31, 2020 based upon January 1, 2020 balance of \$400 x 7.25%							
3RD YEAR	January 1, 2021 opening balance:  2019 VAC contributions \$400.0 2019 interest \$90.0 2020 VAC contributions \$500.0 2020 interest \$29.0 Total January 1, 2021 opening balance \$929.0 Interest credited on December 31, 2021 based upon January 1, 2021 balance of \$929 x 7.25% \$57.3							

If it is right for you. If you are uncertain about making Voluntary Additional Contributions or the tax consequences of Voluntary Additional Contributions refunds, you should contact your financial advisor.

# Glossary of Employee Benefit Terms

- ALLOWED AMOUNT: Maximum amount on which payment is based for covered healthcare services. This may be
  called "eligible expense," "payment allowance" or "negotiated rate." If your provider charges more than the allowed
  amount, you may have to pay the difference. (See Balance Billing.)
- **BALANCE BILLING:** When a provider bills you for the difference between the provider's charge and the allowed amount. For example, if the provider's charge is \$100 and the allowed amount is \$70, the provider may bill you for the remaining \$30. A preferred provider should not balance bill you.
- BENEFICIARY: The person(s) you name to receive certain benefits (such as life insurance) upon your death.
- BRAND NAME DRUG: Medications are marketed under a trademark-protected name and are often available from only
  one manufacturer.
- **COINSURANCE:** The percentage of covered medical or dental expenses that you must pay. For example, if your plan pays 80%, you must pay the remaining 20%.
- COPAYMENT: A fixed amount you pay for a covered healthcare service, usually at the time of service.
- **DEDUCTIBLE:** The amount of medical or dental expenses you must pay each year before your plan begins paying benefits.
- **DEDUCTIBLE CARRY-OVER:** In some benefit plans, not Health Savings Account Compatible Plans, if you have not met your annual deductible during the last three months of the plan year the claims incurred may apply toward the deductible for the next plan year.
- **EMERGENCY MEDICAL CONDITION:** An illness, injury, symptom or condition so serious that a reasonable person would seek care right away to avoid severe harm.
- EVIDENCE OF INSURABILITY (EOI): An application process in which you provide information on the condition of your health or your dependent's health in order to be considered for certain types of insurance coverage.
- **EXPLANATION OF BENEFITS (EOB):** The document you receive from the insurance company after your claim is filed and processed. The EOB shows how much of the expense the plan covered and how much you may be
- expected to pay.
- **FORMULARY BRAND NAME DRUG:** A list of prescribed medications that are preferred by your plan because they are deemed to be safe, effective alternatives to other generics or brands that may be more expensive.
- HIPAA (Health Insurance Portability and Accountability Act of 1996): A federal law that addresses the privacy of patient
  health information. The "privacy" regulations give patients greater access to their own medical records and more control
  over how their personal health information is used. Also, the law defines the obligations of health care providers and
  health plans to protect patient records.
- HOSPITALIZATION: Care in a hospital that requires admission as an inpatient and usually requires an overnight stay.
- HOSPITAL OUTPATIENT CARE: Care in a hospital that doesn't require an overnight stay.
- **IN-NETWORK PROVIDER:** The facilities, providers and suppliers your health insurer or plan has contracted with to provide healthcare services.

# Glossary of Employee Benefit Terms

- **MAXIMUM ANNUAL BENEFIT:** The maximum amount the plan pays for specific services (such as dental or chiropractic) for a covered individual, each plan year.
- **MEDICAL GROUP:** A medical group is a collection of physicians who have come together contractually or in partner-ship for the purposes of managing a practice and sharing the care of patients.
- **MEDICALLY NECESSARY:** Services and supplies that the insurance company determines to be consistent with generally accepted practices for the diagnosis of an illness or injury, or the medical care of a diagnosed illness or injury. Only medically necessary services and supplies are covered by the plan.
- **OUT-OF-NETWORK PROVIDER:** The facilities, providers and suppliers who don't have a contract with your health insurer or plan to provide services to you. You will generally pay more to see an out-of-network provider.
- **OUT-OF-POCKET LIMIT:** Is the most you have to pay for covered medical expenses in a year. Once you've reached the out-of-pocket maximum, the plan pays 100% of eligible expenses for the remainder of the plan year. This limit never includes your premium, balance-billed charges or charges the plan doesn't cover.
- PLAN: A benefit your employer, or other group sponsor provides to you to pay for your healthcare services.
- PLAN YEAR: The period of time in which plan coverage and records are based.
- **PRE-AUTHORIZATION:** A decision by your health insurer or plan that a healthcare service, treatment plan, prescription drug or durable medical equipment is medically necessary. Sometimes called prior authorization, prior approval or precertification.
- **PREMIUM:** The amount you pay for your health care coverage and other benefits, through payroll deductions.
- **PRIMARY CARE PHYSICIAN:** A physician who provides both the first contact for a person with an undiagnosed health concern as well as continuing care of varied medical conditions, not limited by cause, organ system, or diagnosis. The following types of providers are PCPs: family practitioners, general practitioners, pediatricians, internal medicine, and gynecologists. HMO members must designate a PCP.
- **SPECIALIST:** A physician specialist focuses on a specific area of medicine or a group of patients to diagnose, manage, prevent or treat certain types of symptoms and conditions
- **URGENT CARE:** Care for an illness, injury or condition serious enough that a reasonable person would seek care right away, but not so severe as to require emergency room care.
- **VOLUNTARY BENEFITS:** Optional benefit plans sponsored by the employer, but fully paid for by employees who elect coverage. These benefits are generally available at special group rates or discounts, making them more cost-effective than employees could obtain on their own.
- WOMEN'S PRINCIPAL HEALTH CARE PROVIDER (WPHCP): Women who are HMO members have the option to designate a WPHCP, in addition to their primary care provider. The WPHCP must be affiliate with or employed by the member's principal medical group.

This glossary is provided for general information and convenience. Employees should review their plan documents for definitions of terms.

# Federal and State Notices

### **COMPLIANCE NOTICES**

can be found on the City's **Benefits Portal** 

- Consumer Coverage Disclosure Act
- CHIPRA State Premium Assistance Notice
- COBRA Continuation of Coverage Initial Notice
- HIPAA Notice of Privacy Practices
- NMHPA Notice
- Patient Protections Disclosure
- Women's Health and Cancer Rights Act
- Special Enrollment Notice