



BlueCross BlueShield of Illinois



HMO Illinois[®]

Easy to Use and Affordable

Do you want a health plan that is easy to use? Are you looking to partner with your doctor to help take a more active approach to your health care? If so, choosing our HMO Illinois plan may be the right choice for you.

Physician-guided care

To help coordinate your care and help you make health care decisions, you are required to choose an independently contracted primary care physician (PCP) in your chosen medical group. There are over 5,000 doctors within this network. You can benefit from having your care guided and coordinated by one doctor.

Your PCP:

- Learns your health care needs and medical history
- Provides basic medical care
- Prescribes medication
- Refers you to a specialist, when needed

Female members can also choose a woman's principal health care provider. This is a PCP with a special focus on gynecology, obstetrics and other women's health issues.

Preventive care and programs designed to help reduce health care costs

You'll be happy to know that you pay no additional cost for routine screenings, like mammograms, and other preventive care when performed by an in-network provider. To help you manage your health, we have condition management programs, which includes chronic conditions such as asthma and diabetes. When you enroll, you will have access to useful resources and self-care techniques to help you make a difference in your health.



For more information, visit [bcbsil.com](https://www.bcbsil.com).

HMO Illinois

Tools and resources you need

Customer Service

You can call us at **800-892-2803**, weekdays, 8 a.m. to 6 p.m. (CT). We can help answer many of your questions about a wide variety of issues, including your medical benefits; how to find participating medical groups, PCPs and hospitals; and the status of your claims.

Online and Mobile Services

Visit **bcbsil.com** to learn more about your HMO benefits. From this site, you can register for Blue Access for MembersSM, our secure online service, to search for network providers, confirm covered dependents, change medical groups, request a replacement ID card and print a temporary ID card.

You have access to a wide range of wellness and educational programs, such as Blue365[®]. The Blue365 program offers exclusive health and wellness deals and discounts from top national and local retailers on fitness gear, gym memberships, family activities, healthy eating choices and much more. You can even get benefit information, health tips and reminders sent straight to your mobile phone.¹

Out-of-area benefits

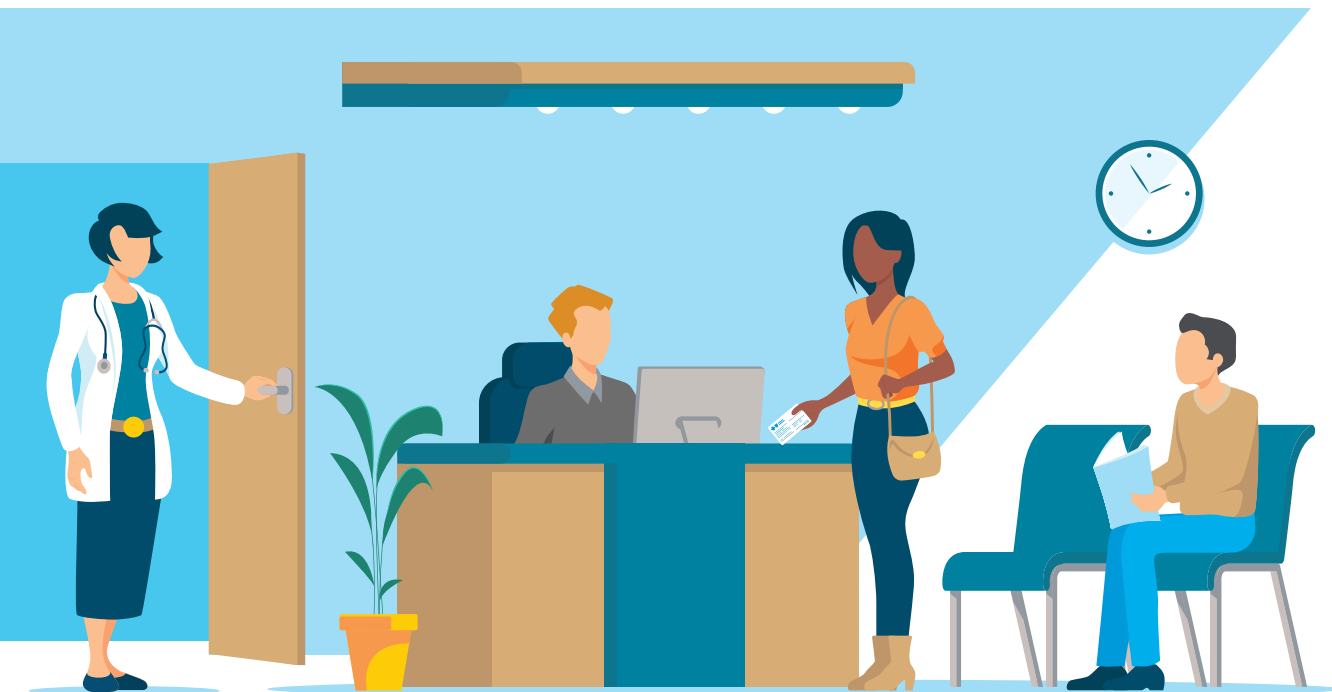
You can access health care benefits when you travel or temporarily live out of state.

Guest Membership³

If your plan includes benefits for guest membership and you are out of the Blue Cross and Blue Shield of Illinois HMO service area for at least 90 consecutive days, you can apply to become a guest member of a participating Blue Cross and Blue Shield HMO plan. You must remain a permanent resident within your HMO service area to be eligible for guest membership.

BlueCard[®]

If you are traveling outside of Illinois for short periods of time (less than 90 consecutive days), and you need urgent or emergency care, you can use the BlueCard program. In an emergency, go directly to the nearest hospital or call 911 (if it is available in your location). You will pay the applicable copay and will not have to submit claims, in most instances.



1. Standard message rates may apply. Consult your carrier.

Blue365 is a discount program only for BCBSIL members. This is NOT insurance. Some of the services offered through this program may be covered under your health plan. Please check your benefit booklet or call the customer service number on the back of your ID card for specific benefit facts. Use of Blue365 does not change your monthly payment, nor do costs of the services or products count toward any maximums and/or plan deductibles. Discounts are only given through vendors who take part in this program. BCBSIL does not guarantee or make any claims or recommendations about the program's services or products. You may want to talk to your doctor before using these services and products. BCBSIL reserves the right to stop or change this program at any time without notice.