

Feel supported, connected and rewarded.



LifeWorks is an exciting and innovative wellbeing solution that:

- Supports you with a confidential **Employee Assistance Program (EAP)** and wellbeing resource, available 24/7 by phone, online, and by mobile app.
- Keeps you connected to your organization with a **News Feed** of company news, updates from your CEO, management and HR.
- Educates you with online **wellbeing resources** covering family, health, life, money and work topics.

Download the free app for iOS or Android - simply search for 'LifeWorks'.



For EAP services, we are here for you any time 24/7:

Visit us online:

User ID:

TTY:

Call us, toll-free, 24/7:

Password:

En español: