



COMMUNITY RESOURCES

2024

**DIRECTORY
FOR
DES PLAINES RESIDENTS**

**THE CITY OF DES
PLAINES 1420 MINER
STREET
DES PLAINES, ILLINOIS 60016**

Dear Des Plaines Resident:

This Des Plaines Community Resource Directory has been prepared as a community service through the efforts of the City of Des Plaines Human Services. It is designed to offer information concerning a variety of services and activities available to Des Plaines residents. Our goal is to link you with the community agencies that are best equipped to meet your needs or answer your concerns. We have attempted to provide you with accurate up-to-date information. Due to occasional changes within individual organizations, it may be advisable to contact the specific agency/organization directly for the most recent available details.

If you have any questions or need further assistance, please feel free to contact our office in person at 1420 Miner Street, by phone at 847-391-5480, or via email at adanek@desplaines.org.

Angelika Danek, LCSW, CRADC
Community & Police Social Worker
Health and Human Services Division
City of Des Plaines

TABLE OF CONTENTS

ABUSE HOTLINES...	1
ADULT DAY CARE...	1
CHILD SUPPORT ENFORCEMENT...	2
CONSUMER SERVICES...	2-5
COUNSELING/SUPPORT SERVICES...	5-12
COURT HOUSES...	13
CRISIS INTERVENTION...	13-18
DENTAL REFERRALS...	18-20
DISABLED SERVICES...	21-23
DONATIONS...	24-25
EDUCATIONAL PROGRAMS...	25-28
EMERGENCY SERVICES...	29
EMPLOYMENT...	30
FINANCIAL ASSISTANCE...	31-33
FRIENDLY VISITOR PROGRAMS...	33-34
HOME SHARING/ HOUSING...	34-36

TABLE OF CONTENTS – (continued)

HOSPITALS/HEALTH SERVICES ...	37-40
INSURANCE...	40-42
LEGAL SERVICES ...	43-45
LICENSE SERVICES...	46
LICENSE STICKERS...	47
MEDICAL ALERT SERVICES...	47
NURSING HOMES...	48-49
NUTRITION...	49-50
PUBLIC AID...	51
RETIREMENT COMMUNITIES...	52
SCHOOLS...	53-57
SOCIAL/RECREATIONAL OPPORTUNITIES...	57-61
SUPPORT GROUPS...	62-63
TAX SERVICES...	64-65
TRANSPORTATION...	66-69
VISITING IN-HOME PHYSICIANS...	70
VOLUNTEER OPPORTUNITIES...	70
YOUTH SUPPORT SERVICES...	71-72

ABUSE HOTLINES

Domestic Violence	800-799-7233
Child Abuse	800-422-4453
To report child abuse in IL	800-252-2873
Elder (60+)/Disabled (ages 18-59)	866-800-1409

ADULT DAY CARE

ADVOCATE LUTHERAN GENERAL HOSPITAL OLDER ADULT CENTER 9375 Church Street Des Plaines, IL 60016 Adult Day Center - Mental & Behavioral Services	847-723-7770 847-723-5896
CJE SENIORLIFE ADULT DAY SERVICES 1551 Lake Cook Road Deerfield, IL 60015	847-492-1400
HOUSE OF WELCOME 1779 Winnetka Road Northfield, IL 60093	847-242-6250
CHERISHED PLACE ADULT DAY CLUB 800 W. Oakton Street Arlington Heights, IL 60004	847-368-7526

CHILD SUPPORT ENFORCEMENT

ILLINOIS DEPT OF HEALTHCARE AND FAMILY SERVICES (HFS) 800-447-4278
DIVISION OF CHILD SUPPORT ENFORCEMENT

Cook County Region
36 South Wabash Ave.
Chicago, IL 60603

To receive help collecting child support, establishing paternity or information on other Child Support Enforcement services, call the Customer Service Call Center at 800-447-4278.

CONSUMER SERVICES

ATTORNEY GENERAL'S OFFICE 312-814-3000
Consumer Fraud Hotline 800-386-5438
Senior Citizens
100 W. Randolph Street – 12th Floor
Chicago, IL 60601

The Attorney General's Office Consumer Protection Division protects Illinois consumers and businesses victimized by fraud, deception, and unfair business practices. There is a separate division for senior citizens.

CONSUMER SERVICES – (continued)

BETTER BUSINESS BUREAU OF CHICAGO & NORTHERN ILLINOIS 312-832-0500
888-982-0210
330 N. Wabash – Suite 3120
Chicago, IL 60611

To get a report on a business or to file a complaint, call and ask to speak to a representative or visit their website at chicago.bbb.org.

CITIZENS UTILITY BOARD (CUB) 312-263-4282
800-669-5556
309 W. Washington Street – Suite 800
Chicago, IL 60606

Call with questions or complaints about your utility service. Consumer Rights Counselors with extensive knowledge of utility-related laws and regulations can inform you of your rights; while showing you how to cut your telephone, natural gas, and electric costs. They may also be able to file complaints with the utility companies on your behalf.

DES PLAINES CHAMBER OF COMMERCE & INDUSTRY 847-824-4200
1400 E. Touhy Avenue – Suite 145
Des Plaines, IL 60018

Serves as an advocate for local businesses. In addition to programs and services for member businesses, the Chamber provides new resident greeting services, general community information and publishes an annual community directory and map.

CONSUMER SERVICES – (continued)

FEDERAL TRADE COMMISSION

877-382-4357

The Federal Trade Commission is the nation's consumer protection agency. The FTC's Bureau of Consumer Protection works for the consumer to prevent fraud, deception, and unfair business practices in the marketplace. The Bureau takes complaints and provides information regarding consumer fraud, identity theft, and National Do Not Call Registry etc. For more information, please call or visit their website at ftc.gov.

FOOD & DRUG ADMINISTRATION

U.S. Food & Drug Administration

888-463-6332

Enforces the Federal Food, Drug and Cosmetic Act and related laws to ensure the purity and safety of food, drugs and cosmetics, the safety of therapeutic devices and the truthful, informative labeling of such products.

CONSUMER SERVICES – (continued)

SMALL CLAIM COURTS

Skokie Court House 847-470-7200
5600 Old Orchard Road
Skokie, IL 60077

Rolling Meadows Court House 847-818-2286
2121 Euclid Avenue
Rolling Meadows, IL 60008

COUNSELING/SUPPORT SERVICES

ADVOCATE LUTHERAN GENERAL HOSPITAL OLDER ADULT SERVICES 847-723-7277
9375 Church Street
Des Plaines, IL 60016

Provides information and referral about local programs and services, Phillips Lifeline, Medicare approved counseling and consultation, family education and support groups are also offered.

COUNSELING/SUPPORT SERVICES – (continued)

AGE OPTIONS 800-699-9043
1048 Lake St. Suite 300
Oak Park, IL 60301

Provides intervention for elderly victims of financial, physical, sexual, emotional abuse and/or neglect, counseling support and information and referral on local resources.

ALANO OF DES PLAINES 847-297-9237
1535 E Oakton St
Des Plaines, IL
60018

Support groups for friends and family of alcoholics.

ALCOHOLICS ANONYMOUS 312-346-1475
chicagoaa.org

Provides information on support groups and referrals for hospital treatment.

**ASCENSION ALEXIAN BROTHERS –
BEHAVIORAL HEALTH HOSPITAL** 800-432-5005
1650 Moon Lake Boulevard
Hoffman Estates, IL 60169

Provides both in-patient and out-patient care for mental health, substance abuse or eating disorders.

COUNSELING/SUPPORT SERVICES – (continued)

CATHOLIC CHARITIES 847-376-2100
FAMILY SERVICE CENTER
1717 Rand Road
Des Plaines, IL 60016

Provides information and referral, counseling, in-home case management, public benefit screening and the L.O.S.S. program (Loving Outreach to Suicide Survivors). Please call for more information.

CENTER OF CONCERN 847-823-0453
1665 Elk Blvd
Des Plaines, IL 60016

Provides support services for the frail elderly and homebound including personal counseling, case management, telephone reassurance, senior companions, and friendly visitors.

ELDERCARE LOCATOR 800-677-1116

Provides information and referral about senior services to friends and families who reside in another state.

COUNSELING/SUPPORT SERVICES – (continued)

FIRST STEP HOUSE (Men) 847-824-1256
1029 Graceland Ave
Des Plaines, IL 60016

Support group and meetings. Half-way house for males
18 & over. Call for more information.

**ILLINOIS DEPARTMENT
ON AGING** 800-252-8966
555 W Monroe St
Suite 1500 S
Chicago, IL 60661

Provides information, assistance and referral on
programs/services for seniors 65 and older. Cases of elder
abuse can be reported by contacting this office.

KENNETH YOUNG CENTER 847-524-8800
(Elk Grove Township – Residents of Des Plaines)
1001 Rohlwing Road
Elk Grove Village, IL 60007

Provides counseling services for children, families, adults
and seniors in individual and group settings; day and
residential programs for individuals with a serious mental
illness; care management & support services for seniors.
Information and referral.

COUNSELING/SUPPORT SERVICES – (continued)

**LUTHERAN SOCIAL SERVICES
OF ILLINOIS**

847-635-4600

1001 E. Touhy Avenue #170
Des Plaines, IL 60018

Provides behavioral, drug and alcohol counseling; senior housing and senior services; foster care, adoption, and childcare services; prisoner and family ministry as well as other support services.

**MAINESTAY YOUTH AND
FAMILY SERVICES**

847-297-2510

1700 Ballard Road
Park Ridge, IL 60068

Provides family therapy, parent, and community education programs, parenting skill groups and information and referral for those who live or go to school in Maine Township.

COUNSELING/SUPPORT SERVICE – (continued)

METROPOLITAN FAMILY SERVICES

5210 Main Street 847-425-7500
Skokie, IL 60077

Provides child and adolescent mental health programs, family support and prevention programs, domestic violence counseling, elder abuse investigation and senior counseling services.

MIRACLE HOUSE (Women) 847-803-2901
510 E Oakton St
Des Plaines, IL 60018

Transitional living house for women attempting to recover from the disease of alcoholism and drug addiction. Call for more information.

NATIONAL ALLIANCE ON MENTAL HEALTH

Cook County North Suburban 847-716-2252
8324 Skokie Blvd.
Skokie, IL 60077

NAMI is a not-for-profit membership organization created to improve the lives of individuals and families challenged by mental illness. In collaboration with NAMI National and Illinois affiliates, they influence public policies, provide education and support programs, and increase public awareness and understanding of mental illness. Call for more information.

COUNSELING/SUPPORT SERVICES-(continued)

NORMANDY HOUSE SOBER LIVING

normandysoberliving.org

847-227-0520

NORTH SHORE

847-784-6000

SENIOR CENTER

(Maine Township – Residents of Des Plaines)

161 Northfield Road

Northfield, IL 60093

Provides weekly activities, classes, trips, and programs for the active older adult. Offers a variety of social services, which include support groups, individual and family counseling, peer counseling and friendly visiting. They also provide case management.

NORTHWEST COMPASS INC.

847-392-2344

1300 W Northwest Highway

Mount Prospect, IL 60056

Provides housing programs, utility and emergency assistance to those who qualify. Call for more information.

COUNSELING/SUPPORT SERVICES – (continued)

OPEN COMMUNITIES

847-501-5760

1740 Ridge Avenue Suite 117
Evanston, IL 60201

Provides fair and affordable housing counseling services, community education, advocacy and organizing for welcoming communities. Offers programs in foreclosure prevention, landlord tenant advice, home sharing, immigrant integration and community organizing.

RAINBOW HOSPICE & PALLIATIVE CARE

847-685-9900

1550 Bishop Court
Mount Prospect, IL 60056

Provides a full hospice program for patients with life-limiting illnesses expressing a desire for comfort care. Enables people to live with dignity and hope while coping with loss and end of life issues. Bereavement Services include support groups, counseling and correspondence programs.

COURT HOUSES

SECOND MUNICIPAL DISTRICT 847-470-7200
Circuit Court of Cook County
5600 Old Orchard Road #136
Skokie, IL 60077

THIRD MUNICIPAL DISTRICT 847-818-2286
Circuit Court of Cook County
2121 Euclid Ave
Rolling Meadows, IL 60008

CRISIS INTERVENTION

AMERICAN RED CROSS 312-729-6100
2200 W Harrison St
Chicago, IL 60612

The American Red Cross provides relief to victims of disaster and helps individuals prevent, prepare and respond to emergencies. For more information please call.

CRISIS INTERVENTION – (continued)

**BRIDGE YOUTH &
FAMILY SERVICES**

847-359-7490

721 S Quentin Road—Suite 103
Palatine, IL 60067

The Crisis Intervention program provides 24-hour crisis intervention to runaway youth, youth who have been thrown out of their homes or are otherwise homeless, or youth who are beyond the control of their parents and pose a risk to themselves or others. The program also focuses on reunifying the at-risk youth with their parents.

**CHILREN'S ADVOCACY CENTER
NORTH/NORTHWEST COOK COUNTY**

847-885-0100

640 Illinois Blvd
Hoffman Estates, IL 60169

Provides direct services for child victims of sexual and severe physical abuse, as well as their families.

**CONNECTIONS FOR THE
HOMELESS, INC.**

847- 475-7070

2121 Dewey Avenue
Evanston, IL 60201

Provides housing, employment, and supportive services to move individuals and families out of homelessness.

CRISIS INTERVENTION – (continued)

ELK GROVE TOWNSHIP

847-437-0300

600 Landmeier Road
Elk Grove Village, IL 60007

Provides emergency assistance to Elk Grove Township residents.

ILLINOIS DEPARTMENT OF HUMAN SERVICES-HELP LINE

800-843-6154

JOURNEYS THE ROAD HOME

847-963-9163

1140 E Northwest Highway
Palatine, IL 60074

Provides information and referral regarding services for legal, medical, dental, and housing to individuals who are homeless or are in danger of becoming homeless. Assistance in job search, mental health, case management, counseling, and other services are offered. P.A.D.S. provides secure overnight shelter and three meals for men, women, and children from 7 p.m. to 7 a.m. There are shelter sites located throughout the northwest suburbs.

CRISIS INTERVENTION – (continued)

KOREAN AMERICAN

WOMEN IN NEED (KAN-WIN)

847-299-1392

24 Hour Confidential Hotline

773-583-0880

Provides services to individuals and families in the Asian immigrant community that have been victims of domestic violence and/or sexual assault and survivors. Programs include a 24-hour hotline, case management, transitional housing, legal advocacy, support groups, programs for children and sexual assault services.

LIFE SPAN

847-824-0382

701 Lee Street #700

Des Plaines, IL 60016

Provides information and referral, legal services, individual counseling, support groups and court advocacy to victims of domestic violence and their children.

MAINE TOWNSHIP

847-297-2510

1700 Ballard Road

Park Ridge, IL 60068

Provides emergency assistance to Maine Township residents.

CRISIS INTERVENTION – (continued)

NATIONAL SUICIDE PREVENTION LIFELINE 800-273-8255
or **988**

This num still works but you can also dial 988 for Suicide & Crisis Lifeline- you'll get connected to a counselor

NORTHWEST CENTER 847-806-6526

AGAINST SEXUAL ASSAULT

24 Hour Confidential Hotline 888-802-8890

415 W Golf Road—Suite 47

Arlington Heights, IL 60005

Provides sexual assault services: crisis intervention, 24-hour hotline and follow-up recovery services to victims or survivors of sexual abuse, and community education.

THE SALVATION ARMY CORPS 847-981-9111

COMMUNITY CENTER

609 W Dempster Street

Des Plaines, IL 60016

Provides emergency food, counseling and other assistance for those who qualify.

SELF HELP CLOSET 847-375-1443

& FOOD PANTRY OF DES PLAINES

769 Holiday Lane

Des Plaines, IL 60016

Provides emergency food and clothing once a month to those in need. Identification is required.

CRISIS INTERVENTION – (continued)

SHELTER, INC.

847-255-8060

1616 N Arlington Heights Road
Arlington Heights, IL 60004

Provides community-based, emergency, and temporary housing for children and adolescents from birth through age 17 who are abused, neglected, dependent or in need of supervision throughout the suburbs of Chicago.

DENTAL REFERRALS - Low-Cost Programs

CHICAGO DENTAL SOCIETY

312-836-7300

CDS.ORG

COOK COUNTY DEPARTMENT OF PUBLIC HEALTH--DENTAL HEALTH SERVICES

Informational Line

847-818-2860

The health department provides a wide-array of dental services including family dental health clinics and community-based services. At family clinics, dental services include sealants, examinations, fillings, fluoride treatments, cleanings and extractions for adults and children. Financial guidelines apply. By appointment only.

Local Site:

3250 N Arlington Heights Road
Suite 300

847-934-7969

Arlington Heights, IL 60004

DENTAL REFERRALS-Low-Cost Programs – (continued)

DENTAL LIFELINE

309-691-5938

NETWORK PROGRAM

(Can be on a waiting list - not taking new patients)

dentallifeline.org/illinois

Serves permanently disabled, seniors 65 or older and those that qualify as medically fragile. Each person's condition must be severe enough to prohibit or significantly limit substantial gainful employment. To qualify applicants must be unable to afford dental care or receive dental services through other programs and need extensive treatment.

NORTHWEST

COMMUNITY HEALTHCARE

MOBILE DENTAL CLINIC

800 W Central Road

Arlington Heights, IL 60005

This program offers preventative and simple restorative dental treatment in a state-of-the-art clinic on wheels for low-income residents of Elk Grove and Wheeling Townships in Des Plaines. Please call your township directly. Elk Grove Township (847-437-0300) and Wheeling Township (847-259-7730). For children 18 years and younger, Medicaid, and General Assistance clients there is no copay. All other adults will be charged a \$30 copay. Appointments are required.

DENTAL REFERRALS-Low-Cost Programs – (continued)

HARPER DENTAL HYGIENE CLINIC

Harper College

847-925-6534

1200 W Algonquin Road Building X

Palatine, IL 60067

This dental clinic offers low-cost, simple cleaning, x-rays and sealants. Cleaning by a dental hygiene student includes exam by dentist. Discounts for senior citizens.

UNIVERSITY OF ILLINOIS

AT CHICAGO

312-996-7555

UIC College of Dentistry 801

S Paulina St

Chicago, IL 60612

The College of Dentistry offers a complete range of dental and oral health services. The dental clinics are primarily for patients who have dental work that corresponds to the teaching needs of students. Reduced fees are available.

WILLOW CREEK CARE CENTER

224-512-2600

67 Algonquin Rd 9 Building G

South Barrington, IL 60010

Provides emergency food assistance and referrals to Dental and Vision Clinics. Call for more information.

DISABLED SERVICES

AVENUES TO INDEPENDENCE

515 Busse Hwy
Park Ridge, IL 60068

847-292-0870

Provides vocational and residential services for persons with developmental disabilities.

CENTER FOR ENRICHED LIVING

280 Saunders Road
Riverwoods, IL 60015

847-948-7001

Social enrichment and skill development center for individuals with developmental disabilities. Programs include afterschool clubs, vacations, community outings, night and weekend programs, summer camps, etc.

THE CHICAGO LIGHTHOUSE

1850 W Roosevelt Road
Chicago, IL 60608

312-666-1331

Provides opportunities for children, youth and adults who are blind, visually impaired, or multi-disabled. Classroom teaching is available for those from birth to age 21, who are not able to attend regular school. Programs are designed to optimize the potential for independent living, economic self-support and public information through promotion of the abilities of people with disabilities.

DISABLED SERVICES – (continued)

CHICAGO LIGHTHOUSE –NORTH 847-510-6200
222 Waukegan Road
Glenview, IL 60025

Offers programs and services that help individuals optimize their remaining vision, meet developmental and educational milestones and lead more independent lives.

CLEARBROOK 847-870-7711
1835 W Central Road
Arlington Heights, IL 60005

Offers programs and services to children, adults and families impacted by developmental and intellectual disabilities throughout the suburbs and Chicagoland area.

DISABLED SERVICES – (continued)

COMMUNITY ALTERNATIVES 773-867-4000

UNLIMITED

8765 W Higgins Road—Suite 300
Chicago, IL 60631

Provides case management services to individuals with a wide range of disabilities including developmental disabilities, mental health needs and child welfare challenges.

GLENKIRK 847-272-5111

3504 Commercial Ave Ext. 541
Northbrook, IL 60062

Provides comprehensive community-based services for people with developmental disabilities and their families.

ILLINOIS DEPARTMENT 847-758-3483

**OF HUMAN SERVICES DIVISION OF
REHABILITATION SERVICES**

Rolling Meadows DRS Office
3501 Algonquin Road
Suite 350
Rolling Meadows, IL 60008

Provides help at home for the disabled under the age of 60 and vocational rehabilitation for individuals of any age.

DONATIONS

AMVETS

708-388-7800

Pick up and drop off locations available for donations of clothing and household goods. Call or visit the website at amvets.org for list of acceptable items.

FRISIBIE SENIOR CENTER

847-768-7055

ONCE & AGAIN RESALE SHOP

50 E. Northwest Highway
Des Plaines, IL 60016

No pickup available, only drop off of clothing and some furniture. Please call for more information.

GOODWILL

847-699-7019

1521 Lee Street
Des Plaines, IL 60018

No pickup available, only drop off of clothing, appliances and some furniture. Please call for more information.

SALVATION ARMY

847-981-9111

Pick up and drop off locations available for donations of clothing, appliances, furniture, etc. Please call for information.

DONATIONS-(continued)

SELF-HELP CLOSET & FOOD PANTRY OF DES PLAINES

847-375-1443

769 Holiday Lane
Des Plaines, IL 60016

Please call or go to www.selfhelppantry.org for Drop off donation hours, Red Barrel locations and a list of acceptable items to donate.

EDUCATIONAL PROGRAMS

AMERICAN RED CROSS

312-729-6100

2200 W Harrison St
Chicago, IL 60612

Provides safety/health courses and monitors certification of instructors.

DES PLAINES PARK DISTRICT ADMINISTRATIVE & LEISURE CENTER

847-391-5700

2222 Birch Street
Des Plaines, IL 60018

Teen Center, fully equipped health club, Des Plaines School of Dance and preschool/early childhood classes. Please call for a detailed list of programs.

EDUCATIONAL PROGRAMS-(continued)

DES PLAINES PUBLIC LIBRARY 847-827-5551
1501 Ellinwood Street
Des Plaines, IL 60016

Sponsors a variety of programs and special services such as large print/audio books, periodicals and health and financial programs. Please call for a detailed list of programs/services or visit www.dppl.org.

DRIVING AND REFRESHER 847-768-5944
PROGRAM FRISBIE SENIOR CENTER
52 E. Northwest Highway
Des Plaines, IL 60016

Provides Rules of the Road, a driving instruction refresher program, held six times a year. Also offers the AARP's 55 ALIVE program six times a year, which provides a reduction on car insurance.

FRISBIE SENIOR CENTER 847-768-5944
52 E. Northwest Highway
Des Plaines, IL 60016

Provides a variety of social, educational, and physical, enriching programs for seniors 55 years of age and older. Please call for a detailed listing of events.

EDUCATIONAL PROGRAMS – (continued)

HARPER COLLEGE 847-925-6000
1200 W Algonquin Road
Palatine, IL 60067

Community College that provides both credit and non-credit courses. Call for more information please call.

MAINE TOWNSHIP 847-297-2510
ADULT AND SENIOR SERVICES
1700 Ballard Road
Park Ridge, IL 60068

Provides activities including breakfast club speakers, day trips, theater parties, luncheons, and bingo. Call for more information.

MOUNT PROSPECT 847-640-1000
PARK DISTRICT/REC PLEX
420 W Dempster Street
Mt. Prospect, IL 60056

Provides a variety of health & physical education opportunities.

EDUCATIONAL PROGRAMS – (continued)

OAKTON COMMUNITY COLLEGE

847-635-1600

1600 E Golf Road
Des Plaines, IL 60016

Community College that provides both credit and non-credit courses. For more information please call.

TOWNSHIP HIGH SCHOOL DISTRICT 214 COMMUNITY EDUCATION

847-718-7700

2121 S Goebbert Road
Arlington Heights, IL 60005

Township High School District 214 offers a wide range of Adult Education and Family Literacy Classes of interest to the entire family. Provides residents, 62 years of age or older, who live in High School District #214 with a Gold Card that provides discount tuition for adult education classes. Call for class and catalog information.

EMERGENCY SERVICES

DES PLAINES FIRE DEPARTMENT

EMERGENCY 911
NON-EMERGENCY & 847-391-5333
INFORMATION
405 S River Road
Des Plaines, IL 60016

Provides fire extinguishment and rescue work along with an extensive program of fire prevention, education and inspections.

DES PLAINES POLICE DEPARTMENT

EMERGENCY 911
NON-EMERGENCY & 847-391-5400
INFORMATION
1420 Miner Street (Administrative Office)
Des Plaines, IL 60016

Provides cooperation with our community to protect life and property and enhance the quality of life for all of our citizens.

EMPLOYMENT/JOB TRAINING

CENTER OF CONCERN

847-823-0453

1665 Elk Blvd

Des Plaines, IL 60016

An employment program that aids jobseekers of all ages in finding employment, creating resumes, and improving interviewing skills. Please call for an appointment.

ILLINOIS DEPARTMENT OF EMPLOYMENT SECURITY (IDES)

Provides unemployment compensation, job services, and placement. In person services are available by calling the IDES scheduling hotline at 217-558-0401. Additional information is available at www.ides.illinois.gov.

.

FINANCIAL ASSISTANCE

ELK GROVE TOWNSHIP

847-437-0300

600 Landmeier Road
Elk Grove Village, IL 60007

Provides general assistance and emergency assistance to Elk Grove Township residents.

ILLINOIS DEPARTMENT OF HEALTHCARE & FAMILY SERVICES (HFS) DIVISION OF CHILD SUPPORT ENFORCEMENT (DCSE)

Cook County Region

800-447-4278

To receive help collecting child support, help establishing paternity or information on other Child Support Enforcement services, call the Customer Service Call Center.

ILLINOIS DEPARTMENT OF HUMAN SERVICES HELP LINE

800-843-6154

Provides financial, medical, food stamp benefits and other supportive services to those who qualify.

FINANCIAL ASSISTANCE – (continued)

MAINE TOWNSHIP

847-297-2510

1700 Ballard Road
Park Ridge, IL 60070

Provides general assistance and emergency assistance to
Maine Township residents.

NORTHWEST COMPASS

847-392-2344

1300 W Northwest Highway
Mount Prospect, IL 60056

Assists with energy costs through the Low-Income Home
Energy Assistance Program (LIHEAP) to those who are
income eligible and educational seminars on money
management, counseling and debt management
programs.

**SOCIAL SECURITY
ADMINISTRATION**

800-772-1213

705 N Wheeling Road
Mount Prospect, IL 60056

Provides assistance in handling Social Security benefits in
the case of retirement, disability, or death. Also provides
income for the blind or disabled based on need.

FINANCIAL ASSISTANCE - (continued)

WHEELING TOWNSHIP
1616 N Arlington Heights Road
Arlington Heights, IL 60004

847-259-7730

Provides general assistance and emergency assistance to Wheeling Township residents.

FRIENDLY VISITOR PROGRAMS

CENTER OF CONCERN
1665 Elk Blvd
Des Plaines, IL 60016

847-823-0453

Friendly visitors make regular visits to isolated and lonely older adults to improve their well-being.

KENNETH YOUNG CENTER
1001 Rohlwing Road
Elk Grove Village, IL 60007

847-524-8800

Volunteers visit, help with shopping, or provide respite for caregivers. Elk Grove Township residents only.

FRIENDLY VISITOR PROGRAMS- (continued)

**NORTH SHORE
SENIOR CENTER**
161 Northfield Road
Northfield, IL 60093

847-784-6000

The Friendly Visiting program services Chicago's northern suburbs. The program is offered to homebound older adults and is supervised by the Social Services Department of the North Shore Senior Center. All visitors and those they visit are interviewed by a professional counselor or volunteer and are matched according to similar hobbies, common backgrounds and interests expressed in the interviews.

HOME SHARING/HOUSING

CENTER OF CONCERN
1665 Elk Blvd
Des Plaines, IL 60016

847-823-0453

Offers a home sharing program for extra income and security. Also provides homelessness prevention funds to assist with rent/mortgage or utilities for households in temporary crisis.

HOMESHARING/HOUSING – (continued)

**COUNCIL FOR
JEWISH ELDERLY**

773-508-1000

3003 W Touhy Avenue
Chicago, IL 60645

Provides group living and individual housing.

FRANCES MANOR

847-390-1270

1270 E Golf Road
Des Plaines, IL 60016

Provides low-income housing for seniors 62 years of age and older.

HENRICH HOUSE

847-299-6200

1301 Ashland Avenue
Des Plaines, IL 60016

Provides low-income housing for seniors and disabled individuals.

**HOUSING AUTHORITY
OF COOK COUNTY**

312-663-5447

Rent Assistance Division
175 Jackson Blvd—Suite 350
Chicago, IL 60604

Operates low-income housing for citizens of Cook County at www.thehacc.org.

HOME SHARING/HOUSING – (continued)

ILLINOIS HOUSING SEARCH 877-428-8844
www.ilhousingsearch.org

MYERS PLACE 847-258-5037
1585 Dempster Street
Mount Prospect, IL 60056

Permanent supportive housing. Call for more information.

OPEN COMMUNITIES 847-501-5760
1740 Ridge Avenue #117
Evanston, IL 60201

Provides a home sharing, fair housing, landlord/tenant and foreclosure programs. For other fair housing information, visit open-communities.org.

SILVER CONNECTIONS 866-421-8266

Provides free resources to seniors.

HOSPITALS AND HEALTH-RELATED SERVICES

Many hospitals offer a variety of activities, home health services, programs, seminars, support groups, and transportation services for some appointments. Please contact each hospital below regarding their individual services.

HOSPITALS:

**ADVOCATE LUTHERAN
GENERAL HOSPITAL** 847-723-2210
1775 Dempster Street
Park Ridge, IL 60068

**ASCENSION/ALEXIAN
BROTHERS
MEDICAL CENTER** 847-437-5500
800 Biesterfield Road
Elk Grove Village, IL 60007

**ASCENSION/RESURRECTION MEDICAL
CENTER CHICAGO**
7435 W Talcott Avenue 773-774-8000
Chicago, IL 60631

**NORTHWEST COMMUNITY
HOSPITAL** 847-618-1000
800 W Central Road
Arlington Heights, IL 60005

**HOSPITALS AND HEALTH RELATED
SERVICES – (continued)**

ACCESS COMMUNITY HEALTH NETWORK

-GENESIS CENTER

847-298-3150

1 N Broadway
Des Plaines, IL 60016

Health Clinic provides sliding scale medical care for low-income, uninsured residents. No walk-ins, by appointment only.

EYE CARE AMERICA

877-887-6327

P.O. Box 7424
San Francisco, CA 94120

Seniors, 65 years of age and older may qualify for a referral for an eye exam by an Ophthalmologist. Please go to eyecareamerica.org for more information. Provides two programs: an eye exam program and a glaucoma awareness program for seniors aged 65 and older. Qualification is required.

NEW BEGINNINGS

847-813-3040

MATERNITY PROGRAM

100 N River Road
Des Plaines, IL 60016

Provides prenatal services and education to low income, uninsured or underinsured pregnant mothers.

**HOSPITALS AND HEALTH RELATED
SERVICES – (continued)**

COOK COUNTY HEALTH 312-864-6000

Cook County Bureau of Health Services Primary Care Clinic provides sliding scale medical care; income guidelines apply.

**COOK COUNTY HEALTH-ARLINGTON HEIGHTS
HEALTH CENTER** 847-934-7969

Services include Family & Medicine, Physicals and Wellness Checks, Pediatric and Adolescent Health, Prenatal Care, Well-Women Care and Lab Services, etc.

PHARMACEUTICAL ASSISTANCE PROGRAMS:

PHARMACEUTICAL RESEARCH 202-835-3400

**AND MANUFACTURERS OF
AMERICA (PhRMA)**

Provides free medications to patients who could not otherwise afford them. Patients must speak to their physician about obtaining approval for this program. Applications and medications are sent to the physician's office. A list of participating drug companies and contacts for the program are available through your doctor's office.

ILLINOIS DEPARTMENT OF AGING 800-252-8966

The Illinois Department of Aging provides a program that offers free transit rides for seniors and persons with disabilities and Illinois Secretary of State license plate discounts. Must be income eligible to apply.

INSURANCE

ACCESS TO CARE

708-531-0680

2225 Enterprise Drive—Suite 2507
Westchester, IL 60154

Provides primary health care (diagnosis and treatment) to low-income uninsured individuals/families of suburban Cook County for a small annual enrollment fee and co-pays for services provided.

BLUE CROSS/BLUE SHIELD

855-453-5941

300 E Randolph Street
Chicago, IL 60601

Persons 65 years of age and older and/or disabled individuals who currently have an existing policy.

SENIOR HEALTH INSURANCE PROGRAM (SHIP) COUNSELOR

For assistance with insurance programs, Medicare and supplemental policies, please make an appointment to speak with a Senior Health Insurance Program (SHIP) counselor. S.H.I.P. counselors are trained to provide objective information to Medicare beneficiaries, their caregivers or representatives who have issues and/or questions regarding Medicare, Medicare Supplement, Medical Managed Care or other insurance related questions. SHIP Counselors are available at

- Center of Concern 847-823-0453
- Elk Grove Township 847-497-0300
- Frisbie Senior Center 847-768-5944
- Maine Township 847-297-2510

INSURANCE-(continued)

GET COVERED ILLINOIS

866-311-1119

getcoveredillinois.gov

Complete the “Get Started” tool to find out if one is eligible for Medicaid coverage or tax credits through the Health Insurance Market Place.

ILLINOIS DEPT. OF HUMAN

847-483-7171

**SERVICES FAMILY COMMUNITY RESOURCE
CENTER- NORTH SUBURBAN OFFICE**

3501 W Algonquin Road -4th Floor

Rolling Meadows, IL 60008

Apply for Healthcare, Food and Cash Assistance with the State of Illinois

ILLINOIS DEPT. OF INSURANCE

312-814-2420

122 S Michigan Ave—19th Floor

Chicago, IL 60603

Provides information on Medicare supplemental insurance, assistance with all forms of life, health, property, casualty insurance complaints and regulation of insurance licenses.

INSURANCE – (continued)

MEDICARE

General Info: 800-633-4227

For general Medicare information, ordering Medicare booklets, and information about health plans, contact 1-800-MEDICARE 24 hours a day, 7 days a week for assistance. English and Spanish-speaking customer service representatives at this number can answer questions about the Original Medicare Plan and provide up-to-date information regarding the health plans available in your area. Or visit the website at medicare.gov.

ILLINOIS DEPARTMENT OF AGING 800-252-8966 SENIOR HEALTH INSURANCE PROGRAM (SHIP)

Illinois Department of Aging
555 W Monroe Street
Suite 1500-S
Chicago, IL 60661

Provides free service and assistance in filling out medical claims.

LEGAL SERVICES

CHICAGO BAR ASSOCIATION

312-554-2000

321 S Plymouth Court
Chicago, IL 60604

Lawyer referral service with a fee of \$30.00. The Chicago Bar Association has screened these attorneys for experience, checked to see that they were licensed to practice law in Illinois, checked to see if they were in good standing with the Illinois Supreme Court and have maintained professional liability insurance.

CARPLS

312-738-9200

CARPLS provides free consultations to assist individuals facing legal issues such as unemployment, evictions, family law, probate, debt, and more.

Call the free hotline at 312-738-9200. Open Monday-Friday, 9a.m. to 4:30 p.m.

CARPLS also operates four partner hotlines locally and statewide serving a wide range of constituents: the [Early Resolution Program](#) through the Cook County Legal Aid for Housing & Debt program, [IL-AFLAN](#) for veterans and military service members, [New Leaf Illinois](#) for cannabis expungement help, and [Eviction Help Illinois](#) or housing issues.

LEGAL SERVICES – (continued)

LEGAL AID CHICAGO (formerly 312-341-1070
Legal Assistance Foundation)
120 S LaSalle St—Suite 900
Chicago, IL 60603

Provides legal services for income eligible persons of Suburban Cook County.

COOK COUNTY STATE’S 312-603-1851
ATTORNEY OFFICE
PUBLIC INTEREST BUREAU
CONSUMER DIVISION
69 W Washington Street – Suite 3130
Chicago, IL 60602

Receives complaints from those who believe that lies or deception have been used in convincing them to sign a contract or make a purchase. Complaints must be registered in person or by mail. If offenses are committed in Cook County violators will be prosecuted.

LEGAL SERVICES – (continued)

THE CENTER OF CONCERN

847-823-0453

1665 Elk Blvd
Des Plaines, IL 60016

Please call for an appointment to meet with an attorney for legal questions or for assistance in preparing a will. Some income limitations and age restrictions apply.

**ILLINOIS DEPARTMENT OF HEALTHCARE
AND FAMILY SERVICES (HFS)**

DIVISION OF CHILD SUPPORT ENFORCEMENT

(DCSE) Cook County Region

800-447-4278

To receive help collecting child support, help establishing paternity or information on other Child Support, call the Customer Service Call Center.

**STATE OF ILLINOIS GUARDIAN
ADVOCACY COMMISSION**

847-294-4264

9511 Harrison Ave -Room W – 335
Des Plaines, IL 60016

Provides information on state guardianship, investigates violations of disability laws and legal advocacy for rights violations.

LICENSE SERVICES-

ILLINOIS SECRETARY OF STATE DRIVERS LICENSE FACILITIES

1227 E Golf Road
Schaumburg, IL 60173 312-793-1010

1470 Lee Street
Des Plaines, IL 60018 312-793-1010

DISABILITY PLACARDS

Des Plaines Driver's License Facility 312-793-1010
1470 Lee Street
Des Plaines, IL 60018
(Temporary Placards up to 6 months)

Frisbie Senior Center 847-768-5944
52 E Northwest Highway
Des Plaines, IL 60016
(Temporary Placards up to 3 months)

Elk Grove Township 847-437-0300
(Temporary Placards up to 6 months)

Maine Township 847-297-2510
Wheeling Township 847-259-7730

LICENSE STICKERS FOR VEHICLES

The following townships provide unincorporated Des Plaines residents with Cook County vehicle stickers. For information, please call or visit your township's website. Discounts are available for citizens 65 years or older. Proof of age and a valid driver's license is required.

Elk Grove Township 847-437-0300
600 Landmeier Road
Elk Grove Village, IL 60007
elkgrovetownship.com

Maine Township 847-297-2510
1700 Ballard Road
Park Ridge, IL 60068
mainetownship.com

Wheeling Township 847-259-7730
1616 N Arlington Heights Road
Arlington Heights, IL 60004
wheelingtownship.com

MEDICAL ALERT SERVICES

Medic Alert Foundation Bracelets 800-432-5378
Phillips Lifeline 855-737-3605

NURSING HOMES

ALDEN-DES PLAINES 847-768-1300

Rehabilitation center: Provides
physical and occupational therapy
1221 E Golf Road
Des Plaines, IL 60016

GENERATIONS AT OAKTON 847-299-5588

1660 Oakton Place
Des Plaines, IL 60018

ILLINOIS CITIZENS 312-663-5120

FOR BETTER CARE
Nursing Home Resident Program
1 North LaSalle— Suite-1275
Chicago, IL 60602

Provides information, accreditation, assistance with
complaints and violations on nursing homes in Illinois.

LEE MANOR 847-635-4000

1301 Lee Street
Des Plaines, IL 60018

ZAHAV OF DES PLAINES 847-294-2300

**(Former THE LANDMARK OF DES
PLAINES)**
9300 Ballard Road
Des Plaines, IL 60016

NURSING HOMES (continued)

OMBUDSMAN PROJECT FOR 312-341-1070
COOK COUNTY RESIDENTS

Advocate for residents 60 and older living in a nursing home that are abused and/or neglected.

MEALS ON WHEELS

ADVOCATE LUTHERAN GENERAL 847-723-7770
HOSPITAL OLDER ADULT SERVICES
9375 Church Street
Des Plaines, IL 60016

Provides Meals on Wheels to those living in unincorporated Des Plaines and Park Ridge within Maine Township.

CENTER OF CONCERN 847-823-0453
1665 Elk Blvd
Des Plaines, IL 60016

“Lunch with Us” provides a nutritional, cost-controlled meal and socialization Monday through Friday. Open to all seniors 60 and older.

FRISBIE SENIOR CENTER 847-768-5944
52 E. Northwest Highway
Des Plaines, IL 60016

Provides delivered meals to the disabled and/or residents age 60 years or older who are homebound. Participants must be screened for program eligibility. There is a nominal fee for this service.

SEATTLE SUTTON
800 W Central Road Unit 141
Mount Prospect, IL 60056

224-633-6247

Meals prepared using the nutritional guidelines from the American Heart Association. Meals can be picked up or delivered to your home. Call or visit the website, seattlesutton.com for hours, menu, and costs.

PUBLIC ASSISTANCE

ILLINOIS DEPARTMENT OF HUMAN SERVICES

8001 Lincoln Ave 4th Floor
Skokie, IL 60077

847-745-3200

3501 W Algonquin Road 4th Floor
Rolling Meadows, IL 60008

847-483-7171

Administers Federal/State funded programs: TANF (Temporary Assistance for Needy Families), AABD (Aid to the Aged, Blind, and the Disabled), Food Stamps and Healthcare Coverage.

ELK GROVE TOWNSHIP
600 Landmeier Road
Elk Grove Village, IL 60007

847-437-0300

Provides general assistance/forms for Public Aid and financial assistance for those residents that qualify.

MAINE TOWNSHIP
1700 Ballard Road

847-297-2510

Park Ridge, IL 60068

Provides general assistance/forms for Public Aid and financial assistance for those residents that qualify.

WHEELING TOWNSHIP

847-259-7730

1616 N Arlington Heights Road
Arlington Heights, IL 60004

Provides general assistance/forms for Public Aid and financial assistance for those residents that qualify.

RETIREMENT COMMUNITIES

ASBURY COURT

1750 S Elmhurst Road
Des Plaines, IL 60018

847-228-1500

BROOKDALE DES PLAINES

800 S River Road
Des Plaines, IL 60016

847-440-5089

LEE MANOR REHAB AND NURSING CENTER

1301 N Lee Street
Des Plaines, IL 60016

847-635-4000

GENERATIONS AT OAKTON

1665 Oakton Place
Des Plaines, IL 60018

847-299-5588

SCHOOLS

COMMUNITY CONSOLIDATED 847-593-4300
SCHOOL DISTRICT #59
1001 Leicester Road
Elk Grove Village, IL 60007

Brentwood Elementary School 847-593-4401
260 Dulles Road
Des Plaines, IL 60016

Devonshire Elementary School 847-593-4398
1401 S Pennsylvania Ave
Des Plaines, IL 60018

Friendship Junior High School 847-593-4350
550 Elizabeth Lane
Des Plaines, IL 60018

SCHOOLS- (continued)

COMMUNITY CONSOLIDATED SCHOOL DISTRICT #62 Leon Smaage Administration Center 777 E Algonquin Road Des Plaines, IL 60016	847-824-1136
<u>Algonquin Middle School</u> 767 E Algonquin Road Des Plaines, IL 60016	847-824-1205
<u>Central Elementary School</u> 1526 Thacker Street Des Plaines, IL 60016	847-824-1575
<u>Chippewa Middle School</u> 123 N 8th Ave Des Plaines, IL 60016	847-824-1503
<u>Cumberland Elementary School</u> 700 E Golf Road Des Plaines, IL 60016	847-824-1451
<u>Forest Elementary School</u> 1375 S 5th Ave Des Plaines, IL 60018	847-824-1380

SCHOOLS- (continued)

<u>Iroquois Community School</u> 1836 Touhy Avenue Des Plaines, IL 60018	847-824-1308
<u>North Elementary School</u> 1789 Rand Road Des Plaines, IL 60016	847-824-1399
<u>Orchard Place Elementary School</u> 2727 Maple Street Des Plaines, IL 60018	847-824-1255
<u>Plainfield Elementary School</u> 1850 Plainfield Drive Des Plaines, IL 60018	847-824-1301
<u>South Elementary School</u> 1535 Everett Ave Des Plaines, IL 60018	847-824-1566
<u>Terrace Elementary School</u> 735 S Westgate Road Des Plaines, IL 60016	847-824-1501
<u>Westerhold Early Learning Center</u> 1375 S 5 th Avenue Des Plaines, IL 60018	847-824-1065

SCHOOLS – (continued)

MAINE TOWNSHIP HIGH SCHOOL DISTRICT #207 R.J. Frost Administration Center 1177 S Dee Road Park Ridge, IL 60068	847-696-3600
<u>Maine East High School</u> 2601 W Dempster Street Park Ridge, IL 60068	847-825-4484
<u>Maine South High School</u> 1111 S Dee Road Park Ridge, IL 60068	847-825-7711
<u>Maine West High School</u> 1755 S Wolf Road Des Plaines, IL 60018	847-827-6176
TOWNSHIP HIGH SCHOOL DISTRICT #214 2121 S Goebbert Road Arlington Heights, IL 60005	847-718-7700
<u>Elk Grove High School</u> 500 W Elk Blvd Elk Grove, IL 60007	847-718-4400

SCHOOLS – (continued)

DISTRICT #512 WILLIAM RAINEY 847-925-6000

HARPER COLLEGE
1200 W Algonquin Road
Palatine, IL 60067

DISTRICT # 535 847-635-1600

OAKTON COMMUNITY COLLEGE
1600 E Golf Road
Des Plaines, IL 60016

Alliance for Lifelong Learning 847-376-7758
(Maine-Oakton-Niles-Northfield Adult Continuing Education
Program)

SOCIAL/RECREATIONAL OPPORTUNITIES

DES PLAINES PARK DISTRICT

The Des Plaines Park District offers diversified year-round leisure services and recreational programs. For more information, please call the **Des Plaines Park District Leisure Center** listed below or visit their website dpparks.org.

**SOCIAL RECREATIONAL
OPPORTUNITIES – (continued)**

**LAKE PARK GOLF COURSE AND
MARINA** 847-391-5730

1015 Howard Ave
Des Plaines, IL 60018

**ADMINISTRATION AND
LEISURE CENTER** 847-391-5700

2222 Birch Street
Des Plaines, IL 60018

**MOUNTAIN VIEW
ADVENTURE CENTER** 847-391-5733

510 E Algonquin Road
Des Plaines, IL 60018

MYSTIC WATERS 847-391-5740

2025 Miner Street
Des Plaines, IL 60016

**PRAIRIE LAKES COMMUNITY
CENTER** 847-391-5711

515 E Thacker Street
Des Plaines, IL 60016

**PRAIRIE LAKES AQUATIC
CENTER** 847-390-4949

515 E Thacker Street
Des Plaines, IL 60016

**SOCIAL RECREATIONAL
OPPORTUNITIES – (continued)**

GOLF CENTER DES PLAINES 847-803-4653
353 N River Road
Des Plaines, IL 60016

FRISBIE SENIOR CENTER 847-768-5944
52 E Northwest Highway
Des Plaines, IL 60016

The Frisbie Senior Center is an independent, 501(c) (3) organization serving older adults in Des Plaines and surrounding communities. The Senior Center offers a variety of social, recreational, educational, legal, employment, health and counseling programs. The Center is the custodian for the Rental Closet. Please call the senior center for a listing of events and for more information.

M – NASR 847-966-5522
Prairie View Community Center
6820 W Dempster Street
Morton Grove, IL 60053

The Maine-Niles Association of Special Recreation (M-NASR) is dedicated to improving the quality of life for children, teens and adults with physical, mental and emotional disabilities by providing quality therapeutic recreational programs. For information call or visit their website mnasr.org.

**SOCIAL RECREATIONAL
OPPORTUNITIES – (continued)**

MAINE TOWNSHIP

847-297-2510

1700 Ballard Road
Park Ridge, IL 60068

Provides activities that include educational and recreational programs to seniors through Maine Streamers. For information, please call or visit the website at mainetownship.com.

MAINE TOWNSHIP HIGH SCHOOL

847-696-3600

District #207

Administration Center - Gold Card Club

1177 S Dee Road
Park Ridge, IL 60068

Provides Maine Township High School #207 Gold Card members the opportunity to enjoy concerts, plays, swim, shows, and other entertainment. Gold Card members are Maine Township residents 62 years of age and older.

MOUNT PROSPECT

847-640-1000

PARK DISTRICT/REC PLEX

420 W Dempster Street
Mt. Prospect, IL 60056

Provides a variety of educational and recreational activities at several sites. Please call for more information on these specific programs/sites.

**TOWNSHIP HIGH SCHOOL
DISTRICT #214
COMMUNITY EDUCATION**

847-718-7600

2121 S Goebbert Road
Arlington Heights, IL 60005

Entertainment such as live theater, concerts, opera, classic films, dances and many other exciting events for the whole family, all at very affordable prices. Call for more information.

SUPPORT GROUPS

Support groups educate and inform, as well as, provide an opportunity to share emotional support with others who are faced with similar issues. These groups frequently focus on special needs including Alzheimer's, arthritis, cancer, diabetes, heart disease and other illnesses. Generally, area hospitals, nursing facilities, agencies that provide counseling and health related organizations could direct you to a support group that will meet your needs.

AIDS/HIV&STD HOTLINE	800-243-2437
ALS FOUNDATION – LOU GEHRIG'S DISEASE	847-679-3311
ALCOHOLICS ANONYMOUS	312-346-1475
ALZHEIMER'S ASSOCIATION	800-272-3900
AMERICAN CANCER SOCIETY	800-227-2345
AMERICAN DIABETES ASSOCIATION	888-342-2383
AMERICAN HEART/STROKE ASSOCIATION	312-346-4675
AMERICAN LUNG ASSOCIATION	800-586-4872
ARTHRITIS FOUNDATION	312-625-1561

SUPPORT GROUPS – (continued)

**CHICAGO LIGHTHOUSE
FOR THE BLIND/VISUALLY IMPAIRED** 312-666-1331

**DISABLED AMERICAN
VETERANS** 202-530-9260
312-980-4242

**GLAUCOMA RESEARCH
FOUNDATION** 800-826-6693

ILLINOIS RELAY 800-526-0857
TTD 800-526-0844

**NATIONAL ALLIANCE
OF MENTAL ILLNESS-
NAMI-CCNN** 800-950-6264

**NATIONAL MULTIPLE
SCLEROSIS SOCIETY** 800-344-4867

**PARKINSON DISEASE
FOUNDATION** 800-457-6676

**RAINBOW HOSPICE
AND PALLATIVE CARE** 847-685-9900

**RESPIRATORY HEALTH
ASSOCIATION** 888-880-5864

TAX SERVICES

These agencies below provide local information on homeowner assistance, homestead exemption and discounts for seniors over 65 who own their home.

AARP AREA OFFICE

866-448-3613

222 N LaSalle Street

Suite 710

Chicago, IL 60601

Provides income tax assistance by IRS trained volunteers
February 1st through April 15th.

BENEFITS ACCESS

800-252-8966

Illinois Department on Aging

TTY 888-206-1327

555 W Monroe Street—Suite 1500-S

Chicago, IL 60661

The Illinois Department of Aging provides a program that offers free transit rides for seniors and persons with disabilities and Illinois Secretary of State license plate discounts. Must be income eligible to apply.

For more information on locations where you can apply in person, call the City of Des Plaines Health and Human Services Division at 847-391-5480.

TAX SERVICES – (continued)

COOK COUNTY ASSESSOR 312- 443-7550
118 N Clark Street—Room 320
Chicago, IL 60602

Elk Grove Township 847-437-0300
Assessor's Office
600 Landmeier Road
Elk Grove Village, IL 60007
(Elk Grove Township residents only.)

Maine Township 847-297-2510
Assessor's Office
1700 Ballard Road
Park Ridge, IL 60068
(Maine Township residents only.)

Wheeling Township 847-259-1515
Assessor's Office
1616 N Arlington Heights Road
Arlington Heights, IL 60004
(Wheeling Township residents only.)

REVERSE MORTGAGE 847-969-0561
Information available through Northwest Housing
Partnership.

A type of home equity conversion involving payments to, rather than from, the homeowner. This special type of loan guarantees older homeowners monthly cash advances or occasionally lump sums that do not require re-payment until the home is sold. Call for more information.

TRANSPORTATION – (continued)

ELK GROVE TOWNSHIP

847-437-0300

SENIOR BUS

600 Landmeier Road
Elk Grove Village, IL 60007

Provides a Dial-A-Bus program for seniors, 55 years of age or disabled 18+, who reside in Elk Grove Township. Donations are accepted. Call for application information.

CONNECTIONS TO CARE

847-222-9227

1801 W Central Road
Arlington Heights, IL 60005

Provides transportation to medical and dental appointments for seniors 60 & older. Call for specific areas served.

F.I.S.H. OF MAINE TOWNSHIP

847-350-8090

1700 Ballard Rd
Park Ridge, IL 60068

Provides transportation by volunteers to dialysis, physical and radiation therapy, and other medical appointments within the areas of Des Plaines, Niles and Park Ridge. Advance notice is required. Serves Maine Township residents, 60 years and older or disabled.

TRANSPORTATION – (continued)

MAINELINES

847-297-2510

Maine Township
1700 Ballard Road
Park Ridge, IL 60068

MaineLines is a transportation program for individuals disabled as certified by a doctor regardless of age or receiving Social Security Disability Benefits. Income guidelines apply. For more information contact Maine Township MaineLines.

RTA FARE PROGRAMS

Seniors & Disabled Reduced Fare: Individuals who are not qualified for Illinois Department on Aging Benefit can go to the following RTA Application sites:

Elk Grove Township:

847-437-0300

Maine Township Hall:

847-297-2510

Wheeling Township:

847-259-7730

TRANSPORTATION – (continued)

Seniors & Disabled Ride Free Program 847-768-5944

Must qualify for the Illinois Department on Aging's Benefit Access program. Call for more information.

PACE ADA PARATRANSIT SERVICE 833-722-3827

Pre-arranged curb-to-curb services for persons with disabilities only whose eligibility has been determined by the Regional Certification Process. Service operates in all suburban areas that are within 3/4 mile of Pace's regular fixed routes and during the same days and hours as the regular fixed route service.

WHEELING TOWNSHIP SENIOR BUS 847-259-7743

1616 N Arlington Heights Road
Arlington Heights, IL 60004

Provides a Dial-A-Ride program for seniors 60 years of age and older and /or individual with disabilities who reside in Wheeling Township.

VOLUNTEER OPPORTUNITIES

CLEAN UP – GIVE BACK. ORG
www.cleanupgiveback.org

847-224-8592

Provides opportunities to beautify the landscape by engaging individuals that want to help the environment in simple ways. **Provide opportunities for service hours.**

HANDSON SUBURBAN CHICAGO
2121 S Goebbert Road
Arlington Heights, IL 60005

847-228-1320

Provides liaison service between volunteers and agencies that need volunteer assistance. Retired Senior Volunteer Program (RSVP) is also housed at this location.

YOUTH SUPPORT SERVICES

MAINESTAY YOUTH AND FAMILY SERVICES

847-297-2510

1700 Ballard Road
Park Ridge, IL 60068

Offers residents of Maine Township affordable counseling for individuals, family and youth focusing on prevention and education as well as anxiety, depression, anger and family conflict. Maine Township residents should call for more information.

OMNI YOUTH SERVICES

847-353-1500

212 N Wolf Road
Wheeling, IL 60090

Substance Abuse treatment, juvenile justice services and counseling, child abuse services, family and individual counseling, etc. for Maine Township residents.

SHELTER, INC.

847-255-8060

1616 N Arlington Heights Road
Arlington Heights, IL 60004

Provides community-based, emergency and temporary housing for children and adolescents from birth through age 17 in the northwest suburbs of Chicago who are abused, neglected, dependent or in need of supervision. Call for more information.

YOUTH SUPPORT SERVICES - (continued)

**THE BRIDGE YOUTH AND
FAMILY SERVICES**

847-359-7490

721 S Quentin Road
Suite 103
Palatine, IL 60067

Provides counseling and prevention programs for young people ages 0-18 and families. Services include family therapy, individual therapy, group counseling, advocacy, community education and crisis intervention. Call for more information.

THE HARBOUR, INC.

847-297-8540

1440 Renaissance Drive—Suite 240
Park Ridge, IL 60068

Community based agency provides essential services to homeless, runaway, locked out and neglected adolescent girls' ages 12-21 years old in the North/northwest suburbs of Cook County. Call for more information.